



**Community Health Plan**  
LOS ANGELES COUNTY

# Adolescent Provider Resource Directory

Health & Social Service Agencies  
Los Angeles County



# Adolescent Provider Resource Directory

Community Health Plan's Adolescent Health Provider Resource Directory is a comprehensive listing of programs and services designed to assist adolescent providers making referrals or seeking information for their patients.

The resource directory was compiled in 2008 and all community resources in this directory are listed by alphabetical order and topic in the table of contents. Each community listing includes programs and services offered, health education classes offered, support groups offered, languages spoken at the facility, and contact information including address, phone number, fax and website, if applicable.

Community Health Plan will post updates to its web site at <http://chp.dhs.lacounty.gov> as they become available.

We hope that you find this directory helpful in meeting the needs of your patients.



**Community Health Plan**  
LOS ANGELES COUNTY

# Agency List by Health Topic

## Page Number

### ALCOHOL/DRUG DEPENDENCY

Bill Moore Community Health Clinic .....4 (formerly known as URDC)	4
Casa Cardenas.....4	4
Clinica Msr. Oscar Romero.....6	6
College Hospital-Cerritos Campus.....7	7
Common Ground: The Westside HIV Community Center.....7	7
Didi Hirsch Community Mental Health Centers.....7	7
Glendale Adventist Medical Center.....10	10
Hathaway-Sycamores Child and Family Services.....10	10
Koreatown Youth and Community Center (KYCC).....13	13
L.A. Gay and Lesbian Center.....13	13
My Friend's Place.....15	15
Northeast Valley Health Corporation.....16	16
Pacific Asian Alcohol and Drug Program.....17	17
Plaza Community Center: Esperanza Project.....17	17
Prototypes.....18	18
Salvation Army.....18	18
Skid Row Housing Trust.....19	19
Skid Row Housing Trust/Tenant Services.....19	19
Substance Abuse Foundation of Long Beach, Inc. ....20	20
Tarzana Treatment Centers, Inc. ....20	20
Torrance Memorial Medical Center.....21	21
U.S. Veteran Initiative – Long Beach.....21	21

### CHILD ABUSE

Children's Center of the Antelope Valley.....6	6
Exodus Urban Academy.....9	9
Foothill Family Service.....9	9
Julia Ann Singer Center.....12	12
Los Angeles County Department of Children and Family Services (DCFS).....14	14
Los Angeles County Injury Violence Prevention Program.....14	14
Los Angeles Metropolitan Medical Center.....15	15
Planet Hope.....17	17
Substance Abuse Foundation of Long Beach, Inc. ....20	20

### CHILDREN'S HEALTH AND RESOURCES

African American Community Center.....1	1
Alliance for Children's Rights.....1	1
AltaMed Health Services Corporation.....1	1
Angel's Fight Crisis Center.....1	1
Another Way Another Day Program.....2	2
Antelope Valley Youth and Family Services.....2	2
Asian Pacific Health Care Venture (APHCV).....2	2
Beach Cities Health District.....3	3
Beverly Hospital.....3	3
Big Brothers and Big Sisters of Greater Los Angeles and Inland Empire.....4	4

Blind Children's Center.....	4
Boys and Girls Clubs of America .....	4
California Department of Health Services .....	4
Carolyn Kordidch Family Resource Center.....	4
Center for Integrated Family and Health Services (CIFHS)/The Family Center .....	5
(formerly known as Options/The Family Center)	
Child and Family Center.....	5
Child and Family Guidance Center .....	5
Children's Bureau.....	6
Children's Center of the Antelope Valley .....	6
Children's Clinic, Serving Children and Their Families, The.....	6
Children's Defense Fund .....	6
Children's Hospital Los Angeles .....	6
Community Family Guidance Center.....	7
Crystal Stairs .....	7
Didi Hirsch Community Mental Health Centers .....	7
Drew Child Development Corporation.....	8
Elysian Park Therapeutic Recreation Center .....	9
Exodus Urban Academy .....	9
First Nurturing Touch Communications .....	9
Guidance Center, The .....	10
Hathaway-Sycamores Child and Family Services.....	10
Healthy African American Families .....	10
Institute for Families.....	11
International Institute of Los Angeles .....	11
International Rescue Committee, Inc.....	11
Jewish Big Brothers and Big Sisters of Los Angeles .....	12
(formerly known as Jewish Big Brothers Association)	
Julia Ann Singer Center.....	12
Junior Blind of America.....	12
(Formerly known as Foundation for the Junior Blind)	
Juvenile Diabetes Foundation of Los Angeles.....	12
Koreatown Youth and Community Center (KYCC).....	13
L.A. Kids Youth Enrichment Program .....	13
Los Angeles County Department of Children and Family Services (DCFS) .....	14
Los Angeles County Public Health Nutrition Program .....	14
Our Saviour Center/Cleaver Family Wellness Clinic .....	16
Para Los Niños Family Resource Center .....	17
Richstone Family Center.....	18
USC University Center for Excellence in Developmental Disabilities .....	21
Education Research and Services (UCEDD) at Children's Hospital Los Angeles	
Young and Healthy .....	23

## EXERCISE/FITNESS

AmASSI Center .....	1
Asian Pacific Health Care Venture (APHCV) .....	2
Beach Cities Health District.....	3
Boys and Girls Clubs of America .....	4
Children's Clinic Community Partner's Council, The.....	6

City of Pasadena .....	6
Community Health Alliance of Pasadena (CHAP) Clinic .....	7
Elysian Park Therapeutic Recreation Center .....	9
Fred Roberts Recreation Center .....	9
Glendale Adventist Medical Center .....	10
Jubilee Consortium .....	12
L.A. Kids Youth Enrichment Program .....	13
Little Company of Mary Health Services .....	13
Long Beach Memorial Medical Center and Miller Children's Hospital .....	13
Long Beach Parks, Recreation and Marine .....	14
Los Angeles County Public Health Nutrition Program .....	14
Pasadena Public Health Department WIC Program .....	17
Pomona Valley Hospital Medical Center .....	17
Providence Saint Joseph Medical Center .....	18
Torrance Memorial Medical Center .....	21
University of California Cooperative Extension .....	21
Villa Park Community Center .....	22
Watts Healthcare Corporation .....	22
Westfield West Covina Mall and Citrus Valley Health Partners .....	22
White Memorial Medical Center .....	22
Xtreme Medical .....	23
YMCA – Greater Long Beach .....	23

#### **FAMILY PLANNING/BIRTH CONTROL**

Antelope Valley Health Center .....	2
Chinatown Service Center Medical and Dental Health Clinic .....	6
Clinica Msr. Oscar Romero .....	6
Community and Mission Hospital of Huntington Park .....	7
Comprehensive Community Health Centers .....	7
Long Beach Department of Health and Human Services .....	13
Los Angeles Metropolitan Medical Center .....	14
Our Saviour Center/Cleaver Family Wellness Clinic .....	15
Planned Parenthood Los Angeles .....	17

#### **HIV/AIDS**

AIDS Healthcare Foundation (AHF) .....	1
AIDS Project Los Angeles .....	1
AIDS Service Center .....	1
Asian Pacific AIDS Intervention Team .....	1
Asian Pacific Health Care Venture (APHCV) .....	1
Being Alive .....	3
Bienestar Human Services .....	3
Black AIDS Institute .....	4
California AIDS Clearinghouse .....	4
Catalyst Foundation, The .....	5
Central City Community Health Center .....	5
Clinica Msr. Oscar Romero .....	6
Common Ground: The Westside HIV Community Center .....	7
Comprehensive Community Health Centers .....	7

East Los Angeles Women's Center.....	8
East Valley Community Health Center, Inc.....	8
Gay and Lesbian Community Center of Greater Long Beach.....	10
Healthy African American Families .....	10
HIV/AIDS Legal Services Alliance.....	11
Hollywood Sunset Free Clinic.....	11
L.A. Family AIDS Network.....	13
L.A. Gay and Lesbian Center.....	13
L.A. Mission Community Clinic .....	13
L.A. Shanti .....	13
Long Beach Department of Health and Human Services.....	13
Long Beach Memorial Medical Center and Miller Children's Hospital.....	13
Los Angeles Mission Community Clinic .....	15
Multiservice Family Center, Inc.....	15
Office of AIDS Programs and Policy.....	16
Plaza Community Center: Esperanza Project.....	17
Prototypes .....	18
Santa Anita Family Services .....	19
Skid Row Housing Trust .....	19
Skid Row Housing Trust/Tenet Services.....	19
Substance Abuse Foundation of Long Beach, Inc .....	20
Torrance Memorial Medical Center .....	21
Westside Family Health Center.....	22
Whittier-Rio Hondo AIDS Project .....	22
Women at Risk .....	22

#### **INJURY PREVENTION/SAFETY/FIRST AID/CPR**

Antelope Valley Hospital.....	2
Asian Pacific Health Care Venture (APHCV) .....	2
Beach Cities Health District.....	3
Children's Hospital Los Angeles .....	6
Community and Mission Hospital of Huntington Park.....	7
Downey Regional Medical Center.....	8
East Los Angeles Doctors Hospital.....	8
Encino-Tarzana Regional Medical Center .....	9
Garfield Medical Center .....	10
Glendale Adventist Medical Center.....	10
Hollywood Sunset Free Clinic.....	11
International Institute of Los Angeles.....	11
International Rescue Committee, Inc.....	11
Lakewood Regional Medical Center .....	13
Little Company of Mary Health Services .....	13
Los Angeles County Injury Violence Prevention.....	14
Maternal and Child Health Services.....	15
Methodist Hospital.....	15
Pacific Alliance Medical Center .....	16
Pacific Hospital of Long Beach.....	17
Presbyterian Intercommunity Hospital .....	17
Torrance Memorial Medical Center .....	21

Valley Presbyterian Hospital .....	21
Young and Healthy .....	23

## MENTAL HEALTH/DEPRESSION/GRIEF

1736 Family Crisis Center .....	1
Alma Family Services .....	1
Another Way Another Day Program.....	2
Antelope Valley Hospital.....	2
Antelope Valley Youth and Family Services .....	2
Asian Pacific Counseling and Treatment Centers .....	2
Asian Rehabilitation Services, Inc.....	3
Barrio Action Group, Inc.....	3
Beach Cities Health District.....	3
Beyond the Streets.....	3
California Family Counseling Network.....	4
Casa Cardenas .....	4
Center for Integrated Family and Health Services (CIFHS)/The Family Center .....	5
(formerly known as Options/The Family Center)	
Child and Family Center.....	5
Child and Family Guidance Center .....	5
Children's Bureau.....	6
Children's Center of the Antelope Valley .....	6
Children's Clinic Community Partner's Council, The.....	6
Citrus Valley Health Partners .....	6
Cleanslate, Inc .....	6
Clinica Msr. Oscar Romero.....	6
College Hospital-Cerritos Campus.....	7
Common Ground: The Westside HIV Community Center .....	7
Community Family Guidance Center.....	7
Community Health Alliance of Pasadena (CHAP) Clinic .....	7
Comprehensive Community Health Centers .....	7
Compulsive Easters Anonymous-HOW.....	7
Didi Hirsch Community Mental Health Centers .....	7
Downey Regional Medical Center.....	8
Drew Child Development Corporation.....	8
East Los Angeles Women's Center.....	8
Educational Psychology Clinic .....	8
El Centro de Amistad .....	8
Family Counseling Center.....	9
Foothill Family Service .....	9
Glendale Adventist Medical Center.....	10
Glendale Memorial Hospital & Health Center.....	10
Guidance Center, The .....	10
Harbor Free Clinic Counseling Group .....	10
Hathaway-Sycamores Child and Family Services.....	10
Haven House.....	10
Healthy African American Families .....	10
Helpline Youth Counseling .....	11
Hollywood Sunset Free Clinic.....	11

Homeboy Industries.....	11
Indochinese Counseling and Treatment Center .....	11
Jade Family Services.....	12
(formerly known as Project Jade)	
Jewish Big Brothers & Big Sisters of Los Angeles.....	12
(formerly known as Jewish Big Brothers Association)	
Jewish Family Service of Los Angeles .....	12
Julia Ann Singer Center.....	12
Korean American Family Service Center .....	12
Koreatown Youth and Community Center (KYCC).....	13
Lakewood Regional Medical Center .....	13
Little Company of Mary Health Services .....	13
Long Beach Memorial Medical Center and Miller Children’s Hospital.....	13
Los Alamitos Medical Center .....	14
Los Angeles County Injury Violence Prevention Program.....	14
Los Angeles Metropolitan Medical Center.....	15
Maternal and Child Health Access .....	15
Methodist Hospital.....	15
Multiservice Family Center, Inc.....	15
National Council of Jewish Women .....	15
One Generation Senior Enrichment Center .....	16
(formerly known as Reseda One Generation Senior Enrichment Center Multipurpose Senior Center)	
Overeaters Anonymous .....	16
Para Los Niños Family Resource Center .....	17
Partners in Care Foundation.....	17
People Who Care Youth Center.....	17
Plaza Community Center: Esperanza Project.....	17
Presbyterian Intercommunity Hospital .....	17
Prototypes .....	18
Providence Holy Cross Medical Center .....	18
Providence Saint Joseph Medical Center.....	18
Rancho Los Amigos National Rehabilitation Center.....	18
Richstone Family Center.....	18
Santa Clarita Adult Day Health Care.....	19
Skid Row Housing Trust .....	19
Skid Row Housing Trust/Tenant Services.....	19
South Central Family Health Center.....	19
Southern California Counseling Center .....	19
St. Mary Medical Center.....	19
Star View Community Services.....	19
Substance Abuse Foundation of Long Beach, Inc .....	20
Torrance Memorial Medical Center .....	21
United American Indian Involvement .....	21
United Cambodian Community.....	21
Valley Child Guidance Clinic.....	21
Valley Presbyterian Hospital .....	21
Watts Healthcare Hospital.....	22
Women’s Clinic and Family Counseling Center.....	22
WRAP Family Services (formerly Western Regional Asian Pacific Agency).....	22

Young and Healthy .....	23
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## NUTRITION

AltaMed Health Services Corporation .....	1
Bill Moore Community Health Clinic .....	4
(formerly known as URDC)	
California Department of Health Services .....	4
California Hospital Medical Center .....	4
Children's Clinic Community Partner's Council, The .....	6
Citrus Valley Health Partners .....	6
Clinica Msr. Oscar Romero .....	6
Community and Mission Hospital of Huntington Park .....	7
Downey Regional Medical Center .....	8
Families in Good Health .....	9
Glendale Memorial Hospital and Health Center .....	10
Huntington Hospital .....	11
International Institute of Los Angeles .....	11
International Rescue Committee, Inc. ....	11
Jubilee Consortium .....	12
Lakewood Regional Medical Center .....	13
Little Company of Mary Health Services .....	13
Los Angeles County Public Health Nutrition Program .....	14
Maternal and Child Health Access .....	15
Mothernet LA .....	15
Multiservice Family Center, Inc. ....	15
National Council of Jewish Women .....	15
Northeast Valley Health Corporation .....	16
Our Saviour Center/Cleaver Family Wellness Clinic .....	16
Pasadena Public Health Department WIC Program .....	17
Public Health Foundation Enterprises, Inc. WIC Program .....	18
St. Mary Medical Center .....	19
Star View Community Services .....	19
University of California Cooperative Extension .....	21
Young and Healthy .....	23

## SEXUALLY TRANSMITTED DISEASES (STDs)

Antelope Valley Health Center .....	2
Asian Pacific Health Care Venture (APHCV) .....	2
Central Health Center .....	5
Clinica Msr. Oscar Romero .....	6
Community and Mission Hospital of Huntington Park .....	7
Comprehensive Community Health Centers .....	7
Curtis R. Tucker Health Center .....	7
East Los Angeles Women's Center .....	8
Glendale Health Center .....	10
Hollywood-Wilshire Health Center .....	11
L.A. Gay and Lesbian Center .....	13
Long Beach Department of Health and Human Services .....	13
Los Angeles County Public Health Department Sexually Transmitted Disease Program .....	14

Monrovia Health Center .....	15
Our Saviour Center/Cleaver Family Wellness Clinic .....	16
Planned Parenthood Los Angeles .....	17
Pomona Health Center.....	17
South Health Center .....	19
T.H.E. Clinic, Inc .....	20
Torrance Health Center .....	21
Whittier Health Center.....	22

## TEEN HEALTH, CRISIS, VIOLENCE, YOUTH/ANTI-GANG RESOURCES

1736 Family Crisis Center .....	1
Angel's Flight Crisis Center.....	1
Another Way Another Day Program.....	2
Antelope Valley Youth and Family Services .....	2
Asian Youth Center (AYC) .....	3
Barrio Action Group, Inc.....	3
Beverly Hospital .....	3
Beyond the Streets.....	3
Bienvenidos Family Services .....	3
Big Brothers and Big Sisters of the Greater Los Angeles and Inland Empire.....	4
California Coalition for Youth .....	4
California Department of Health Services .....	4
Casa Cardenas.....	4
CCEO Youthbuild.....	5
Child and Family Center.....	5
Child and Family Guidance Center .....	5
Children's Bureau.....	6
Cleanslate, Inc .....	6
Didi Hirsch Community Mental Health Centers .....	7
Drew Child Development Corporation.....	8
El Centro de Accion Social.....	8
El Centro de Amistad .....	8
Exodus Urban Academy .....	9
Foothill Family Service .....	9
Friends of the Family/Young Parents (formerly known as Friends of the Family/Young Moms) .....	9
Healthy African American Families .....	10
Helpline Youth Counseling .....	11
Homeboy Industries.....	11
Jade Family Services (formerly known as Foundation for the Junior Blind).....	12
Juvenile Diabetes Foundation of Los Angeles.....	12
Koreatown Youth and Community Center (KYCC).....	13
L.A. Kids Youth Enrichment Program .....	13
Latino Resource Organization.....	13
Los Angeles County Department of Children and Family Services (DCFS) .....	14
Los Angeles County Public Health Nutrition Program .....	14
Los Angeles Free Clinic, The .....	14
Montebello Unified School District/Bell Gardens High School .....	15
(formerly known as Pregnant Minor Program-Bell Gardens)	
Mothernet L.A .....	15

National Council of Jewish Women .....	15
Our Saviour Center/Cleaver Family Wellness Clinic .....	16
People Who Care Youth Center.....	17
Prototypes .....	18
Richstone Family Center .....	18
Rio Hondo Temporary Home .....	18
St. Mary Medical Center .....	19
Star View Community Services.....	19
Substance Abuse Foundation of Long Beach, Inc .....	20
Teen Impact.....	20
Teen Line .....	20
Teen Parent Program – ABC USD .....	20
Teen Parent Program – Bellflower.....	21
Teen Parents – Long Beach.....	21
Westside Family Health Center.....	22
Xtreme Medical.....	23
YMCA – Greater Long Beach.....	23

## TOBACCO PREVENTION AND CESSATION

Community Health Alliance of Pasadena (CHAP) Clinic .....	7
Comprehensive Community Health Centers .....	7
Glendale Adventist Medical Center.....	10
JWCH Institute, Inc .....	12
L.A. Gay and Lesbian Center.....	13
Los Angeles County Tobacco Control and Prevention Program .....	14
Presbyterian Intercommunity Hospital .....	17
Watts Healthcare Corporation .....	22
White Memorial Medical Center.....	22

**1736 Family Crisis Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Community education/outreach, shelters for battered women and their children (boys and girls from birth to 17), shelter for run-away and homeless youth (boys and girls aged 10 to 17), special ancillary programs. Twenty-four hour hotlines – immediate counseling and referrals. Community service centers – counseling and case management.

2116 Arlington Avenue, Suite 200  
Los Angeles, CA 90018  
Tel: (323) 737-3900  
[www.1736familycrisiscenter.org](http://www.1736familycrisiscenter.org)

**African American Community Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: After-school program, clothing, food pantry, computer training, Hepatitis C campaign, “No Child Left Behind” tutoring program with LAUSD, Office Traffic Safety Program - car seat and pedestrian training
- ★ Health Education classes: (Call agency for more information)

944 West 53rd Street  
Los Angeles, CA 90037  
Tel: (323) 789-7300  
[www.brotherhoodcrusade.org](http://www.brotherhoodcrusade.org)

**AIDS Healthcare Foundation (AHF)**

- ★ Non-English Languages: Spanish, American Sign Language (ASL) and interpreter services are available
- ★ Programs/Services: Advocacy, information, referrals, research, AIDS/HIV – prevention, testing, treatment.
- ★ Health Education classes: (Call agency for more information)

6255 West Sunset Blvd., 21st Floor  
Los Angeles, CA 90028  
Tel: (888) AIDS-CARE (2437-2273)  
[www.aidshealth.org](http://www.aidshealth.org)

**AIDS Project Los Angeles**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Case management, dental clinic, crystal methamphetamine program, HIV treatment and prevention magazines (English and Spanish), mental health counseling, Native American program, prevention education, research/evaluation/policy, residential and emergency housing, treatment education, women's services, Necessities of Life Program (NOLP) – nutrition education and food bank locations
- ★ Health Education classes: (Call agency for more information)

HIV Resource Center  
611 South Kingsley Drive  
Los Angeles, CA 90005  
Tel: (213) 201-1600  
[www.apla.org](http://www.apla.org)

**AIDS Service Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Assistance to those impacted by HIV/AIDS in Los Angeles County, food, housing assistance, treatment information and education, treatment education, women's services, mental health support, benefits
- ★ Health Education classes: (Call agency for more information)

1030 South Arroyo Parkway  
Pasadena, CA 91105  
Tel: (626) 441-8495  
[www.aidservicecenter.org](http://www.aidservicecenter.org)

**Alliance for Children's Rights**

- ★ Non-English Languages: Spanish
  - ★ Programs/services: Social services referral, non-profit free legal services, information clearinghouse
- 3333 Wilshire Blvd., Suite 550  
Los Angeles, CA 90010  
Tel: (213) 368-6010  
[www.kids-alliance.org](http://www.kids-alliance.org)

**Alma Family Services**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Support services, mental health counseling
- ★ Health Education classes: (Call agency for more information)

9140 Whittier Blvd.  
Pico Rivera, CA 90660  
Tel: (562) 801-4626  
[www.almafamilyservices.org](http://www.almafamilyservices.org)

**AltaMed Health Services Corporation**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Asthma, comprehensive perinatal services program, childhood obesity prevention, parenting
- ★ Health Education classes: Nutrition, Chronic diseases - cholesterol, diabetes, hypertension

Health Education Resource  
Tel: (323) 278-4205  
[www.altamed.org](http://www.altamed.org)

**AmASSI Center**

- ★ Programs/services: Substance abuse prevention programs, Black Health and Prevention Training Institute, Critical Thinking and Cultural Affirmation program, community and cultural events, community copy and digital graphics center, youth services – tutoring and self-esteem program
- ★ Health Education classes: Physical fitness and self defense
- ★ Support group: Empowerment

160 South La Brea Avenue  
Inglewood, CA 90301  
Tel: (310) 419-1969  
Fax: (310) 419-1960  
[www.amassi.com](http://www.amassi.com)

**Angel's Flight Crisis Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Teen emergency shelter and teen hotline

357 South Westlake Avenue  
Los Angeles, CA 90057  
Tel: (800) 833-2499

**Another Way Another Day Program**

- ★ Non-English Languages: Spanish
- ★ Program/services: Boot camp, counseling services, mentoring programs, speakers, drug and gang intervention programs, community based juvenile impact and diversion program
- ★ Health Education classes: (Call agency for more information)  
3711 West Adams Blvd., Suite 1  
Los Angeles, CA 90018  
Tel: (323) 734-6422 or (323) 804-0936

**Antelope Valley Domestic Violence Council**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Education, safe shelter, support services to survivors of domestic violence and their children, community awareness and prevention of non-violence
- ★ Health Education classes: (Call agency for more information)  
P.O. Box 2980  
Lancaster, CA 93539  
Tel: (661) 945-6736  
www.avdvc.org

**Antelope Valley Health Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Sexually transmitted disease screening, family planning services, prenatal services, immunizations, tuberculosis testing
- ★ Health Education classes: (Call the agency for more information)  
335-B East Avenue, K6  
Lancaster, CA 93535  
Tel: (661) 945-8205

**Antelope Valley Hospital**

- ★ Programs/services: The Family Resource Center – resources and general health information
- ★ Health Education classes: Prenatal care, breastfeeding, infant/child CPR, parenting
- ★ Support groups: Substance abuse, overeating, diabetes, heart health,

mental health, grieving, multiple sclerosis

1600 West Avenue J  
Lancaster, CA 93534  
Tel: (661) 949-5000  
www.avhospital.org

**Antelope Valley Youth and Family Services**

- ★ Non-English Languages: Spanish
- ★ Program/services: Youth and Family Helpline, mental health services
- ★ Health Education classes: Parenting  
44815 Fig Avenue, Suite 101  
Lancaster, CA 93534  
Tel: (661) 949-1069

**Asian Pacific AIDS Intervention Team**

- ★ Non-English Languages: Cantonese, Korean, Japanese, Mandarin, Tagalog, Thai, Vietnamese
- ★ Programs/services: Support services and counseling
- ★ Health Education classes: (Call agency for more information)  
605 West Olympic Blvd., Suite 610  
Los Angeles, CA 90015  
Tel: (213) 553-1830  
www.apaitonline.org

**Asian Pacific Counseling and Treatment Centers – Main Center**

- ★ Non-English Languages: Cambodian, Chiu Chow, Chinese (Cantonese, Mandarin, Taiwanese), Filipino (Cebuano, Ilocano, Tagalog), French, Hindu, Japanese, Korean, Laotian, Italian, Portuguese, Spanish, Thai, Vietnamese
- ★ Programs/services: After-school homework and tutoring program, case management, counseling, mental health services, psychiatric assessments, crisis intervention, independent living skill training, adult day rehabilitation program, referrals, community education and outreach

**Main Center**

520 South Lafayette Park Place  
3rd Floor, Los Angeles, CA 90057  
Tel: (213) 252-2100  
Fax: (213) 252-2199

**Cerritos Center**

11050 East Artesia Blvd., Suite F  
Cerritos, CA 90703  
Tel: (562) 860-8838  
Fax: (562) 860-0248  
Long Beach Office  
1040 East Wardlow Blvd.  
Long Beach, CA 90807  
Tel: (562) 988-8822  
Fax: (562) 988-8877

**Metro Center**

Indochinese Program  
605 West Olympic Blvd., Suite 350  
Los Angeles, CA 90015  
Tel: (213) 553-1850  
Fax: (213) 553-1864

**San Fernando Valley Center**

5900 Sepulveda Blvd., Suite 425  
Van Nuys, CA 91411  
Tel: (818) 267-1100

**Torrance Center**

24586 Hawthorne Blvd.  
Torrance, CA 90505  
Tel: (310) 791-7365  
www.apctc.org

**Asian Pacific Health Care Venture (APHCV)**

- ★ Non-English Languages: Cambodian, Cantonese, Japanese, Mandarin, Spanish, Tagalog, Thai, Vietnamese
- ★ Health Education classes: Sexually transmitted diseases, HIV/AIDS, prenatal care, breastfeeding, child safety, lead poisoning, immunizations, parenting, hypertension, diabetes, cancer, CPR, exercise/fitness - yoga  
1530 Hillhurst Avenue, Suite 200  
Los Angeles, CA 90027  
Tel: (323) 644-3880  
Fax: (323) 644-3892  
www.aphcv.org

### Asian Pacific Women's Center

- ★ Non-English Languages: Bengali, Hindi, Korean, Japanese, Mandarin, Spanish, Urdu
- ★ Programs/services: Housing, case management

#### Contact information:

1145 Wilshire Blvd., First Floor  
Los Angeles, CA 90017  
Tel: (213) 250-2977  
www.apwcla.org

### Asian Rehabilitation Services, Inc.

- ★ Non-English Languages: Chinese, Filipino dialects, Korean, Japanese, Spanish
- ★ Programs/services: Vocational rehabilitation services

1701 East Washington Blvd.  
Los Angeles, CA 90021  
Tel: (213) 743-9242  
Fax: (213) 743 9266  
www.asianrehab.org

### Asian Youth Center

- ★ Programs/services: Social services

100 West Clary Avenue  
San Gabriel, CA 91776  
Tel: (626) 309-0622  
www.asianyouthcenter.org

### Barrio Action Group, Inc.

- ★ Non-English Languages: Spanish
- ★ Programs/services: Counseling individuals, youth and family with severe behavioral problems
- ★ Health Education classes: (Call agency for more information)

4927 Huntington Drive North  
Los Angeles, CA 90032  
Tel: (323) 221-0779  
www.barrioaction.org

### Beach Cities Health District

- ★ Programs/services: Center for Health and Fitness, health screenings, Adventureplex—a health and fitness center for children which includes

– day camp activities, play structure, mazes, tunnels, slides, outdoor rock climbing wall

- ★ Health Education classes: Prenatal care, breastfeeding, exercise, diabetes, heart health, Pilates, mental health, CPR/first aid
- ★ Support groups: anxiety, grief, depression

514 N. Prospect Ave., 3rd Floor  
Redondo Beach, CA 90277  
Tel: (310) 374-3426  
www.bchd.org

### Being Alive – West Hollywood

- ★ Non-English Languages: Spanish
- ★ Programs/services: Education, information, counseling
- ★ Health Education classes: (Call agency for more information)

621 North San Vicente Blvd.  
West Hollywood, CA 90069  
Tel: (310) 289-2551  
www.beingalivela.org

### Beverly Hospital

- ★ Programs/services: Fitness and nutrition program: "KidsFit"
- ★ Health Education classes: (Call agency for more information)

309 West Beverly Blvd.  
Montebello, CA 90640  
Tel: (323) 725-5033

### Beyond the Streets

- ★ Non-English Languages: Spanish
- ★ Programs/services: Counseling, GED preparation, life coaching, tattoo removal program
- ★ Health Education classes: Parenting spirituality classes for at-risk youth ages 17-25 years

7840 East Imperial Hwy., Suite B  
Downey, CA 90242  
Tel: (562) 861-8333  
Fax: (562) 861-9399  
www.beyondthestreets.org

### Bienestar Human Services

- ★ Non-English Languages: Spanish
- ★ Programs/services: Information and referrals
- ★ Health Education classes: (Call agency for more information)

East Los Angeles Center  
5326 East Beverly Blvd.  
Los Angeles, CA 90022  
Tel: (323) 727-7896

Hollywood Center  
4955 Sunset Blvd.  
Los Angeles, CA 90027  
Tel: (323) 660-9680

Long Beach Center  
1020 East Pacific Coast Highway  
Long Beach, CA 90806  
Tel: (562) 591-5191

Pomona Center  
180 East Mission  
Pomona, CA 91766  
Tel: (909) 397-7660

South Los Angeles Center  
130 West Manchester Avenue  
Los Angeles, CA 90003

Van Nuys Center  
14515 Hamlin Street, Suite 100  
Van Nuys, CA 91411  
Tel: (818) 908-3820  
www.bienestar.org

### Bienvenidos Family Services

- ★ Non-English Languages: Spanish
- ★ Programs/services: Individual programs for children, family drop-in center kitchen, home and center-based case management, parent training, respite child care, peer support
- ★ Health Education classes: (Call agency for more information)

5233 East Beverly Blvd.  
Los Angeles, CA 90022  
24-Hour Tel: (323) 728-9577  
www.bienvenidos.org

### **Big Brothers and Big Sisters of Greater Los Angeles and Inland Empire**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Mentor program for children ages 6 to 16

Administrative Offices  
1055 Wilshire Blvd., Suite 1950  
Los Angeles, CA 90017  
Tel: (213) 481-3611  
[www.bbbslaie.org](http://www.bbbslaie.org)

### **Bill Moore Community Health Clinic**

- ★ Non-English Languages: Spanish
- ★ Programs/Services: Mentor program for children ages 6 to 16
- ★ Health Education Classes: Nutrition, diabetes, breast self-exam

1460 North Lake Avenue, Suite 107  
Pasadena, CA 91104  
Tel: (626) 398-3796  
Fax: (626) 398-3895  
[www.urdochsc.org](http://www.urdochsc.org)

### **Black AIDS Institute**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Information, HIV/AIDS prevention programs, referrals
- ★ Health Education classes: (Call agency for more information)

1833 West Eighth Street, Suite 200  
Los Angeles, CA 90057  
Tel: (213) 353-3610  
[www.blackaids.org](http://www.blackaids.org)

### **Blind Children's Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Education, independence training, center and home-based programs and services, research
- ★ Health Education classes: (Call agency for more information)

4120 Marathon Street  
Los Angeles, CA 90029  
Tel: (323) 664-2153  
[www.blindchildrenscenter.org](http://www.blindchildrenscenter.org)

### **Boys and Girls Clubs of America**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Sports and recreation

Tel: (800) 854-CLUB (2582)  
[www.bgca.org](http://www.bgca.org)

### **California AIDS Clearinghouse**

- ★ Programs/services: Educational materials, support services, technical assistance

1443 North Martel Avenue  
Los Angeles, CA 90046  
Tel: (323) 845-4180  
Toll free Tel: (888) 611-4222  
[www.hivinfo.org](http://www.hivinfo.org)

### **California Coalition for Youth**

- ★ Programs/services: California Youth Crisis Line

P.O. Box 161448  
Sacramento, CA 95816  
Tel: (800) 843-5200  
Fax: (916) 340-0510  
E-mail: [info@calyouth.org](mailto:info@calyouth.org)  
[www.calyouth.org](http://www.calyouth.org)

### **California Department of Health Services**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Information, Resources (brochures, recipes, cook-books), California 5 a Day Campaigns – African American, Latino, Children's Power Play!

Champions for Change –  
Network for a Healthy California  
Tel: 1(888) EAT-FIVE or  
1 (888) 328-3483  
[www.championsforchange.net](http://www.championsforchange.net)

### **California Family Counseling Network**

- ★ Non-English: Spanish
- ★ Programs/services: Individual and family therapy, mental health services, psychological testing, assistance with Medi-Cal, Medi-Care and victims of crime compensation

- ★ Health Education classes: (Call agency for more information)

99 South Barranca Street  
Covina, CA 91723  
Tel: (626) 332-5395

### **California Hospital Medical Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Blood pressure screening, cholesterol screening, body mass index screening, tuberculosis testing, blood sugar screening, diabetes education, healthy eating lifestyle program, nutrition counseling, oral health services
- ★ Health Education classes: Diabetes, nutrition

1401 South Grand Avenue  
Los Angeles, CA 90015  
Tel: (213) 742-5820  
[www.chmcla.org](http://www.chmcla.org)

### **Carolyn Kordich Family Resource Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Parent-to-parent support and services, resource library
- ★ Health Education classes: Monthly parent education workshops
- ★ Support groups: Monthly Spanish-speaking parents

1135 West 257th Steet  
Harbor City, CA 90710  
Tel: (310) 325-7288

### **Casa Cardenas**

- ★ Non-English Languages: Spanish
- ★ Programs/Services: Case management, caregiver support, Counseling for youth, adults and seniors dealing with – substance abuse, family conflict, grief, mental health issues, domestic violence, other concerns
- ★ Support groups: Bilingual bereavement

1516 West Whittier Blvd.  
Montebello, CA 90640  
Tel: (626) 337-6650

### Catalyst Foundation, The

- ★ Non-English Languages: Spanish
- ★ Programs/services: Free HIV testing, services for people with HIV/AIDS
- ★ Health Education classes: (Call agency for more information)

44758 Elm Avenue  
Lancaster, CA 93534  
Tel: (661) 948-8559  
[www.thecatalyst-foundation.org](http://www.thecatalyst-foundation.org)

### CCEO Youthbuild

- ★ Non-English Languages: Spanish
- ★ Programs/services: Comprehensive services for at risk youth, case management, counseling, job training, leadership development, referrals

Century Center for Economic Opportunity  
17217 South Figueroa Street  
Gardena, CA 90248  
Tel: (310) 225-3060  
Fax: (310) 225-3061  
[www.johnmuircs.com/cceo.htm](http://www.johnmuircs.com/cceo.htm)

### Center for Integrated Family and Health Services (CIFHS)/The family Center

- ★ Non-English Languages: Spanish
- ★ Programs/services: Parenting groups, therapy – individual, adult, child, couples, family
- ★ Health Education classes: (Call agency for more information)

7207 Greenleaf Avenue, Suite F  
Whittier, CA 90602  
Tel: (562) 693-0759

### Center for the Pacific Asian Family (CPAF)

- ★ Non-English Languages: Chinese, Cambodian (Khmer), Korean, Tagalog, Thai, Vietnamese
- ★ Programs/services: Comprehensive support, emergency transitional shelter, 24-hour multilingual hotline

543 North Fairfax Avenue, Suite 108  
Los Angeles, CA 90036

Tel: (323) 653-4045  
24-hour hotline: (800) 339-3940  
[www.cpaaf.info](http://www.cpaaf.info)

### Centinela Freeman Regional Medical Center

- ★ Programs/services: AARP driver safety
- ★ Health Education classes: Breastfeeding, arthritis, community health education lectures

Centinela Campus  
555 East Hardy Street  
Inglewood, CA 90301  
Tel: (310) 673-4660

Memorial Campus  
333 N. Prairie Avenue  
Inglewood, CA 90301  
Tel: (310) 674-7050

Marina Campus  
4650 Lincoln Blvd.  
Marina Del Rey, CA 90292  
Tel: (310) 823-8911

Physician Referral & Community Education Tel: (888) 600-5600  
[www.centinelafreeman.com](http://www.centinelafreeman.com)

### Central City Community Health Center

- ★ Non-English Languages: Spanish
- ★ Programs/services: Homeless programs – medical services, HIV/AIDS, case management
- ★ Health Education classes: (Call agency for more information)

5970 South Central Avenue  
Los Angeles, CA 90001  
Tel: (323) 234-3280  
Fax: (323) 234-3493  
[www.centralcitycommunityhealth-center.com](http://www.centralcitycommunityhealth-center.com)

### Central Health Center

- ★ Non-English Languages: Spanish
- ★ Programs/services: Sexually transmitted disease screening, tuberculosis testing, immunizations
- ★ Health Education classes: (Call agency for more information)

241 North Figueroa Street  
Los Angeles, CA 90012  
Tel: (213) 240-8203

### Chicana Service Action Center East Los Angeles Hotline/Free Spirit Shelter

- ★ Non-English Languages: Spanish
  - ★ Programs/services: Emergency shelter, transitional program, 24-hour hotline
- Tel: (800) 548-2722

### Child and Family Center

- ★ Non-English Languages: Spanish
- ★ Programs/services: Individual and family therapy for—adolescents, children, families
- ★ Health Education classes: (Call agency for more information)

Outpatient Mental Health Program  
P.O. Box 801330  
Santa Clarita, CA 91380  
Tel: (661) 259-9439  
[www.childfamilycenter.org](http://www.childfamilycenter.org)

### Child and Family Guidance Center

- ★ Non-English Languages: Spanish
- ★ Programs/services: Prevention, early intervention and treatment services for children, ages 0 to 21, and their families

Northridge Office  
9650 Zelzah Avenue  
Northridge, CA 91325  
Tel: (818) 993-9311

Family Stress Center  
16891 Parthenia Street  
North Hills, CA 91343  
Tel: (818) 830-0200

Van Nuys Office  
6851 Lennox Avenue, Suite 100  
Van Nuys, CA 91405  
Tel: (818) 739-5400  
[www.childguidance.org](http://www.childguidance.org)

### Childbirth Connection, Inc., The

- ★ Programs/services: Support and training

7650 Haskell Avenue, Suite A  
Van Nuys, CA 91406  
Tel: (818) 734-0723

### Children's Bureau

- ★ Non-English Languages: Spanish
- ★ Programs/services: In-home family support, mental health services for children, ages 3 to 17, and their families
- ★ Health Education classes (Call agency for more information)

Antelope Valley Office  
1529 East Palmdale Blvd., Suite 210  
Palmdale, CA 93550  
Tel: (661) 272-9996

Lancaster Offices  
921 West Avenue J, Suite C  
Lancaster, CA 93534  
Tel: (661) 949-0131

44404 16th Street West, Suite 208  
Lancaster, CA 93534  
www.all4kids.org

### Children's Center of the Antelope Valley

- ★ Non-English Languages: Spanish
- ★ Programs/Services: Family counseling services, child abuse treatment program
- ★ Health Education classes: (call agency for more information)

45111 North Fern Avenue  
Lancaster, CA 93534  
Tel: (661) 949-1206  
Fax: (661) 940-5452  
www.childrenscenter.av.org

### Children's Clinic Community Partner's Council, The

- ★ Non-English Languages: Spanish
- ★ Health Education classes: Healthy cooking, exercise/fitness – Salsa group and Mexican cultural dance
- ★ Support group: Mental health

St. Luke's Episcopal Church  
525 East 7th Street  
Long Beach, CA 90813  
Tel: (562) 624-5467  
Fax: (562) 624-2379

### Children's Clinic, Serving Children and Their Families, The

- ★ Non-English Languages: Spanish and American Sign Language (ASL)
- ★ Health Education classes: Chronic disease self-management, asthma

455 East Columbia St. Suite 201  
Long Beach, CA 90806  
Tel: (562) 933-0511  
Fax: (562) 933-4783  
www.thechildrensclinic.org

### Children's Defense Fund

- ★ Programs/services: Coalition building, public education campaigns, budget and policy advocacy, research

Los Angeles Office  
3655 South Grand Ave., Suite 270  
Los Angeles, CA 90007  
Tel: (213) 749-8787  
www.childrensdefense.org

### Children's Hospital Los Angeles

- ★ Non-English Languages: Spanish
- ★ Programs/services: Education and research
- ★ Health Education classes: Diabetes self-paced competency program and child passenger safety/injury prevention education

4650 Sunset Blvd.  
Los Angeles, CA 90027  
Tel: (323) 660-2450  
www.childrenshospitala.org

### Chinatown Service center Medical and Dental Health Clinic

- ★ Non-English Languages: Burmese, Chinese (Cantonese, Mandarin, Toisan), Spanish, Vietnamese
- ★ Health Education: Family Planning

767 North Hill Street, Suite 300  
Los Angeles, CA 90012  
Tel: (213) 808-1700

Fax: (213) 680-9427  
www.cscla.org

### Citrus Valley Health Partners

- ★ Non-English Languages: Spanish
- ★ Programs/services: Diabetes management, nutrition counseling, cancer resource center, community resource center
- ★ Health Education classes: Heart health education series, lunchtime health education seminars, lung health, prenatal care
- ★ Support groups: Breastfeeding, breast cancer, arthritis, Interstitial Cystitis (IC), bereavement

1115 South Sunset Avenue, Bldg C  
West Covina, CA 91790  
Tel: (888) 456-CVHP  
www.cvhp.org

### City of Pasadena

- ★ Programs/services: Aquatics programs - children and adults

Tel: (626) 744-7530  
www.ci.pasadena.ca.us

### Cleanslate, Inc.

- ★ Non-English Languages: Spanish
- ★ Programs/services: Individual counseling, rage resolution, gang recovery group, gang violence recovery, tattoo removal program
- ★ Health Education classes: (Call agency for more information)

Gang Recovery Group & Tattoo Removal  
12537 Persing Drive  
Pico Rivera, CA 90660  
Tel: (866) 466-8287  
Fax: (866) 937-1344  
www.cleanslatela.org

### Clinica Msr. Oscar Romero

- ★ Non English Languages: Kanjobal, Quiché/K'iche' and Spanish
- ★ Programs/Services: Family planning, HIV/STD (counseling, testing, referral) alcohol and drug intensive outpatient services, counseling and information

on healthful living, mental health services

- ★ Health Education Classes: prenatal, nutrition, and diabetes
- ★ Support Groups: Chronic diseases – diabetes, hypertension, heart disease, asthma

123 South Alvarado Street  
Los Angeles, CA 90057  
Tel: (213) 989-7700  
Fax: (213) 989-7701 or (213) 989-7702

2032 Marengo Street  
Los Angeles, CA 90033  
Tel: (323) 987-1030  
Fax: (323) 221-4528

318 South Alvarado Street  
Los Angeles, CA 90057  
Tel: (213) 201-1777  
Fax: (213) 201-1797  
[www.clinicaromero.com](http://www.clinicaromero.com)

### College Hospital-Cerritos Campus

- ★ Programs/Services: Alcoholics Anonymous, Emotions Anonymous, depressive and manic depressive, Narcotics Anonymous, Women's Alcoholics Anonymous

- ★ Support group: adult children of alcoholics

10802 College Place  
Cerritos, CA 90703  
Tel: (562) 924-9581  
Fax: (562) 924-6523  
[www.collegehospitals.com](http://www.collegehospitals.com)

### Common Ground: The Westside HIV Community Center

- ★ Non-English Languages: Spanish
- ★ Programs/Services: HIV/AIDS – case management, referrals, support, testing. Mental Health
- ★ Support Group: Adult children of alcoholics

2012 Lincoln Blvd.  
Santa Monica, CA 90405  
Tel: (888) 554-5459  
Fax: (310) 314-5487  
[www.commongroundwestside.org](http://www.commongroundwestside.org)

### Community and Mission Hospital of Huntington Park

- ★ Non-English Languages: Spanish
- ★ Health Education Classes: Family planning, prenatal care, breastfeeding, infant care and safety, nutrition, sexually transmitted diseases

2623 East Slauson Avenue  
Huntington Park, CA 90255  
Tel: (323) 581-2318  
Fax: (323) 582-1720

### Community Family Guidance Center

- ★ Non-English Languages: Spanish
- ★ Programs/services: Therapy (group, individual, family therapy), outpatient mental health services to children and their families
- ★ Health Education classes: (Call agency for more information)

10929 South Street, Suite 208-B  
Cerritos, CA 90703  
Tel: (562) 924-5526  
[www.CFGOnline.com](http://www.CFGOnline.com) or  
[www.CommunityFamilyGuidance-Center.com](http://www.CommunityFamilyGuidance-Center.com)

### Community Health Alliance of Pasadena (CHAP) Clinic

- ★ Non-English Languages: Spanish
- ★ Programs/services: Aerobics class, aqua aerobics class, laugh yoga class, smoking cessation program, purpose workshops – stress management, goal-building, life planning
- ★ Support groups: Diabetes and Menopause

1855 North Fair Oaks Ave., Suite 200  
Pasadena, CA 91103  
Tel: (626) 398-6300  
Fax: (626) 398-5948  
[www.chapcare.org](http://www.chapcare.org)

### Comprehensive Community Health Centers

- ★ Non-English Languages: Armenian and Spanish
- ★ Programs/services: Family planning/ birth control, HIV/AIDS, sexually

transmitted diseases, prenatal/postpartum, heart health/high blood pressure/cholesterol, diabetes, immunizations, tobacco prevention and cessation, mental health/depression/grief, dental/oral health

- ★ Health Education classes: Diabetes

801 S. Chevy Chase Drive, Ste 20  
Glendale, CA 91205  
Tel: (818) 265-2213  
Fax: (818) 291-0291

### Compulsive Eaters Anonymous - HOW

- ★ Support group: Compulsive eating

World Service Office  
5500 East Atherton Street,  
Suite 227-B  
Long Beach, CA 90815  
Tel: (562) 342-9344  
[www.ceahow.org](http://www.ceahow.org)

### Crystal Stairs

- ★ Programs/services: Child care resources and financial assistance, child development resources, breast cancer screening and medical referrals, no and low-cost health insurance outreach
- ★ Health Education classes: (Call agency for more information)

5150 West Goldleaf Circle  
Los Angeles, CA 90056  
Tel: (323) 299-8998  
[www.crystalstairs.org](http://www.crystalstairs.org)

### Curtis R. Tucker Health Center

- ★ Non-English Languages: Spanish
- ★ Programs/services: Sexually transmitted disease screening, tuberculosis testing, immunizations

123 West Manchester Blvd.  
Inglewood, CA 90301  
Tel: (310) 419-5325

### Didi Hirsch Community Mental Health Centers

- ★ Non-English Languages: Farsi and Spanish
- ★ Programs and Services: Education,

employment services, children counseling, crisis intervention, delinquency prevention services, mental health and substance abuse counseling, outpatient mental health services for children, residential treatment centers, suicide prevention and outreach, advocacy

- ★ Health Education Classes: parenting (seasonal)

**Headquarters**  
4760 South Sepulveda Blvd.  
Culver City, CA 90230  
Tel: (310) 390-6612  
[www.didihirsch.org](http://www.didihirsch.org)

**Culver-Palms Center**  
11133 Washington Blvd.  
Culver City, CA 90232  
Tel: (310) 895-2300

**Excelsior House**  
1007 Myrtle Avenue  
Inglewood, CA 90301  
Tel: (310) 412-4191

**Jump Street**  
12333 South La Cienega Blvd.  
Los Angeles, CA 90035  
Tel: (310) 855-0031

**Mar Vista Center**  
12420 Venice Blvd., Suite 200  
Los Angeles, CA 90066  
Tel: (310) 751-1200

**Metro Center**  
672 South La Fayette Park Place,  
Suite 6  
Los Angeles, CA 90057  
Tel: (213) 381-3626

**Inglewood Center**  
111 North La Brea Avenue,  
5th and 7th Floors  
Inglewood, CA 90301  
Tel: (310) 677-7808

**S. Mark Taper Foundation Center**  
1328 West Manchester Avenue  
Los Angeles, CA 90044  
Tel: (323) 778-9593

### **Downey Regional Medical Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Comprehensive medical center
- ★ Health Education classes: Prenatal care, breastfeeding, nutrition, healthy heart, diabetes, CPR
- ★ Support Groups: Overeaters Anonymous, restless leg syndrome, sarcoidosis, cancer, stroke, widowed persons

11500 Brookshire Avenue  
Downey, CA 90241  
Tel: (562) 904-5000  
[www.drmci.org](http://www.drmci.org)

### **Drew Child Development Corporation**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Adolescent information/education, early childhood education, school-readiness assessments and resource center, 6 to 12 month family preservation program, mental health services
- ★ Health Education classes: (Call agency for more information)

1770 East 118th Street  
Los Angeles, CA 90059  
Tel: (800) 504-3739 or (323) 249-2950  
[www.drewcdc.org](http://www.drewcdc.org)

### **East Los Angeles Doctors Hospital**

- ★ Non-English Languages: Spanish
- ★ Health Education classes: Prenatal care, CPR/First aid

4060 East Whittier Blvd.  
Los Angeles, CA 90023  
Tel: (323) 268-5514  
Fax: (323) 266-1256  
[www.health-plus.net/hosp\\_eastla.html](http://www.health-plus.net/hosp_eastla.html)

### **East Los Angeles Women's Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Counseling and support
- ★ Health Education classes: HIV/AIDS and sexually transmitted diseases

1255 South Atlantic Blvd.  
Los Angeles, CA 90022

Tel: (323) 526-5819  
[www.elawc.org](http://www.elawc.org)

### **East Valley Community Health Center, Inc**

- ★ Non-English Languages: Spanish
- ★ Programs/services: HIV counseling and testing, dental clinic
- ★ Health Education classes: HIV/AIDS prevention, parenting (ages 0 to teens), prevention education for – gay men, transgender, injection drug users, and women at sexual risk for HIV

420 South Glendora Avenue  
West Covina, CA 91790  
Tel: (626) 919-5724

Dental Clinic extension: 222  
Parenting Classes extension: 166  
Prevention Education  
Classes Extension: 129  
Fax: (626) 919-2084  
[www.evchc.org](http://www.evchc.org)

### **Educational Psychology Clinic**

- ★ Programs/services: Individual counseling – children, adults
- ★ Health Educational classes: (Call agency for more information)

California State U, Long Beach  
1250 Bellflower Blvd.  
Long Beach, CA 90840  
Tel: (562) 985-4991

### **El Centro de Accion Social**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Social and skill building programs for youth, youth leadership academy, seniors (information, socialization, advocacy)

37 East Del Mar Blvd.  
Pasadena, CA 91105  
Tel: (626) 792-3148  
[www.elcentropasadena.org](http://www.elcentropasadena.org)

### **El Centro de Amistad**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Youth development program, literacy and computer training, adult and child mental health

therapy and case management

- ★ Health Education classes: (Call agency for more information)

6800 Owensmouth Ave, Suite 310  
Canoga Park, CA 91303  
Tel: (818) 347-8565  
www.elcentrodeamistad.org

#### **Elysian Park Therapeutic Recreation Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Exercise and recreation programs – body conditioning, athletics, spring, summer and fall day camps, annual events

929 Academy Road  
Los Angeles, CA 90012  
Tel: (323) 226-1402  
www.laparks.org/dos/therapeutic/elysian.htm

#### **Encino-Tarzana Regional Medical Center**

- ★ Programs/services: Comprehensive health services and medical programs, international resource center
- ★ Health Education classes: Prenatal care, breastfeeding, diabetes, injury prevention
- ★ Support groups: Diabetes, Fibromyalgia, male caregivers of Alzheimer's patients, arthritis, sleep disorder

18321 Clark Street  
Tarzana, CA 91356  
Tel: (800) 779-6636  
Fax: (818) 708-5565  
www.encino-tarzana.com

#### **Exodus Urban Academy**

- ★ Non-English Languages: Spanish
- ★ Programs/Services: High school diploma program for ages 16 to 20, homework assistance, temporary job training program for youth 16 to 28 years old, Los Angeles Bridges program offers gang intervention program for middle-school children, tattoo removal referral, computer training, ESL classes, Healthy Start program, extended day

care for children ages 3 to 5 years old, Tomorrow's Leaders for youth ages 8 to 17 years old, anger management, child abuse, crisis management, legal services, outreach

- ★ Health Education classes: Parenting

All Peoples Christian Center  
822 East Twentieth Street  
Los Angeles, CA 90011  
Tel: (213) 747-6357  
Fax: (213) 747-0541  
www.allpeoplescc.org

#### **Families in Good Health**

- ★ Non-English Languages: Cambodian, Lao, Thai
- ★ Programs/services: Health and nutrition education, assistance in filling out Healthy Families EM3 forms, cultural access to health care, cultural awareness for health care, managed care awareness, elderly program,
- ★ Health Education classes: (Call agency for more information)

411 East Tenth Street, Suite 207  
Long Beach, CA 90813  
Tel: (562) 491-9100

#### **Family Counseling Center**

- ★ Programs/services: Counseling for – children, adults and families
- ★ Health Education classes: (Call agency for more information)

3201 Wilshire Blvd., Suite 310  
Santa Monica, CA 90403

14425 Riverside Drive  
Sherman Oaks, CA 91403

#### **First Nurturing Touch Communications**

- ★ Programs/services: Certification training for infant massage communication – "Compassionate Beginnings in the Neonatal Intensive Care Unit" (formerly known as Compassionate Touch), "Deepening Communications; Working with Families and Children with Special Needs"

- ★ Health Education classes: (Call agency for more information)

540 West Lancaster Blvd., Suite 106  
Lancaster, CA 93534  
Tel: (707) 996-3545  
Fax: (707) 996-7187  
www.healthyfamily.org

#### **Foothill Family Service**

- ★ Non-English Languages: Armenian, Cambodian, Cantonese, Korean, Mandarin, Spanish, and Vietnamese
- ★ Programs/Services: Child abuse treatment, pregnant and parenting teen services, individual and family counseling
- ★ Health Education classes: (Call agency for more information)

1215 West Covina Parkway, Suite 200  
West Covina, CA 91791  
Tel: (626) 338-9200  
www.foothillfamily.org

#### **Fred Roberts Recreation Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Free recreational programs for people of all ages

4700 Honduras Street  
Los Angeles, CA 90011  
Tel: (323) 234-8650

#### **Friends of the Family/Young Parents**

- ★ Programs/services: Information, meals, child care, free support program for young parents between the ages 13 to 25 years, weekly parent meeting to share experiences and enhance parenting abilities, group meetings are facilitated by trained volunteers (who were once teen parents themselves), transportation
- ★ Health Education classes: (Call agency for more information)

15350 Sherman Way, Suite 140  
Van Nuys, CA 91406  
Tel: (818) 988-4430 (24 hours)  
www.fofca.org

### Garfield Medical Center

- ★ Programs/services: Cholesterol and blood sugar screening
- ★ Health Education classes: Breastfeeding, prenatal care and CPR

525 North Garfield Avenue  
Monterey Park, CA 91754  
Tel: (626) 307-2083  
www.garfieldmedicalcenter.com

### Gay and Lesbian Community Center of Greater Long Beach

- ★ Programs/services: Social support and education for those infected with of affected by HIV/AIDS
- ★ Health Education classes: (Call for more information)

2017 East Fourth Street  
Long Beach, CA 90814  
Tel: (562) 434-4455, ext.222  
www.centerlb.org

### Glendale Adventist Medical Center

- ★ Non-English Languages: Armenian
- ★ Programs and Services: Health Screenings
- ★ Health Education Classes: Childbirth preparation, breastfeeding, baby care, infant safety and CPR, exercise, diabetes, smoking cessation
- ★ Support Groups: Alcoholic's Anonymous, diabetes, cancer, easy breathers, Parkinson's, stress reduction, grief

1509 Wilson Terrace  
Glendale, CA 91206  
Tel: (818) 409-8000  
www.glendaleadventist.com

### Glendale Health Center

- ★ Non-English Languages: Spanish
- ★ Programs/services: Tuberculosis testing. Immunizations, sexually transmitted disease screening
- ★ Health Education classes: (Call agency for more information)

501 North Glendale Avenue  
Glendale, CA 91206  
Tel: (818) 500-5762

### Glendale Memorial Hospital & Health Center

- ★ Programs/services: Blood pressure screening, senior peer counseling
- ★ Health Education classes: Nutrition, diabetes management, prenatal care
- ★ Support groups: Nursing mothers, cancer, bereavement, caregivers

1420 South Central Avenue  
Glendale, CA 91204  
Tel: (818) 502-1900  
www.glendalememorialhospital.org

### Great Beginnings for Black Babies

- ★ Programs/services: Prenatal care referrals
- ★ Health Education classes: (Call agency for more information)

3311 Manchester Blvd.  
Inglewood, CA 90305  
Tel: (323) 789-7955  
www.gbbb.org

### Guidance Center, The

- ★ Non-English Languages: Spanish
- ★ Programs/services: Mental Health
- ★ Health Education classes: (Call agency for more information)

3711 Long Beach Blvd., Suite 600  
Long Beach, CA 90807  
Tel: (562) 485-3085

### Harbor Free Clinic Counseling Group

- ★ Programs/services: Marriage and family counseling – individuals, couples and families
- ★ Health Education classes: (Call agency for more information)

593 West 6th Street  
San Pedro, CA 90731  
Tel: (310) 547-0202  
New Callers/Counseling Services Tel: (310) 856-8484  
www.harborfreeclinic.com

### Hathaway-Sycamores Child and Family Services

- ★ Non-English Languages: Spanish
- ★ Programs and Services: Substance abuse counseling, parent counseling, mental health
- ★ Health Education Classes: (call for more information)

210 South DeLacey Avenue, Ste 110  
Pasadena, CA 91105  
Tel: (626) 395-7100  
Fax: (626) 395-7270  
Email: info@hathaway-sycamores.org  
www.hathaway-sycamores.org

### Haven House

- ★ Non-English Languages: Korean and Spanish
- ★ Programs/services: Shelter, counseling services for women and children in residence, counseling for community clients who are not residents of the shelter, follow-up support services for former residents
- ★ Health Education classes: (Call for more information)

P.O. Box 50007  
Pasadena, CA 91115  
Tel: (323) 681-2626  
www.havenhousela.org

### Healthy African American Families

- ★ Non-English Languages: Spanish
- ★ Programs/services: Building Bridges to Optimum Health (Perinatal health, cardiovascular, diabetes, HIV, hypertension, community health partnerships/conferences, environmental health, violence), "Breathe Free" Asthma Program (Information, education, community-based trainings, in-home services to children ages 0 to 18 years old, environmental assessments, resources, referral), Witness for Wellness (W4W) (Informational manuals, intervention toolkits, depression)

3756 Santa Rosalia Dr., Suite 320  
Los Angeles, CA 90008  
Tel: (323) 292-2002  
www.haaf2.org

### Helpline Youth Counseling

- ★ Non-English Languages: Spanish
- ★ Programs/services: Delinquency prevention and treatment programs, youth and family counseling
- ★ Health Education classes: Parenting

**Administrative Office**  
12440 East Firestone Blvd., Ste 1000  
Norwalk, CA 90650  
Tel: (562) 864-3722

### HIV/AIDS Legal Services Alliance

- ★ Non-English Language: Spanish
- ★ Programs/services: HIV/AIDS legal services, education
- ★ Health Education services: (Call agency for more information)

3550 Wilshire Blvd., Suite 750  
Los Angeles, CA 90010  
Tel: (213) 637-1690  
www.halsaservices.org

### Hollywood Sunset Free Clinic

- ★ Non-English Language: Armenian, Mandarin, Russian, Spanish
- ★ Programs/services: Tattoo removal program, HIV counseling education, mental health
- ★ Health Education classes: CPR

3324 West Sunset Blvd.  
Los Angeles, CA 90038  
Tel: (323) 660-7959  
Fax: (323) 663-6410  
HIV Counseling/Tattoo Removal  
Tel: (323) 660-7975  
Mental Health Tel: (323) 661-0718

### Hollywood-Wilshire Health Center

- ★ Non-English Language: Spanish
- ★ Programs/services: Tuberculosis testing, immunizations, sexually transmitted disease screening

5205 Melrose Avenue  
Los Angeles, CA 90038  
Tel: (323) 769-7800

### Homeboy Industries

- ★ Non-English Language: Spanish
- ★ Programs/services: Job readiness and training, job referrals, community service assistance, case management services, counseling
- ★ Health Education classes: (Call agency for more information)

1916 East First Street  
Los Angeles, CA 90033  
Tel: (323) 526-1254  
Fax: (323) 526-1257  
www.homeboy-industries.org

### House of Ruth Los Angeles

- ★ Non-English Language: Spanish
- ★ Programs/services: Transitional and emergency shelters

P.O. Box 33288  
Los Angeles, CA 90033  
Tel: (323) 266-4139

### Huntington Hospital

- ★ Non-English Language: Spanish
- ★ Health Education classes – nutrition, diabetes, asthma
- ★ Support group: Diabetes

100 West California Blvd.  
Pasadena, CA 91105  
Tel: (626) 397-3660  
www.huntingtonhospital.com

### Indochinese Counseling and Treatment Center

- ★ Non-English Languages: Cambodian (Khmer), Laotian, Thai, Vietnamese
- ★ Programs/services: Outpatient mental health services
- ★ Health Education classes: (Call agency for more information)

605 West Olympic Blvd., Room 350  
Los Angeles, CA 90015  
Tel: (213) 553-1850

### Institute for Families

- ★ Non-English Languages: Spanish
- ★ Programs/services: Information,

referrals, multilingual counseling

- ★ Health Education classes: (Call agency for more information)

1300 North Vermont Ave., Ste 305  
Los Angeles, CA 90027  
Tel: (323) 669-4649  
www.instituteforamilies.org

### International Institute of Los Angeles

- ★ Non-English Languages: Armenian, Chinese, Korean, Russian, Spanish and Vietnamese
- ★ Programs/services: Child development, immigration and legal services, senior services, immediate needs and transportation
- ★ Health Education classes: Nutrition, parenting, sibling rivalry, domestic violence legal forum, immigration services forum, emergency preparedness, first aid/CPR

**Main Office**  
3845 Selig Place  
Los Angeles, CA 90031  
Tel: (323) 224-3800  
Fax: (323) 224-3800  
www.iilosangeles.org

### International Rescue Committee, Inc.

- ★ Non-English Languages: Armenian, Bosnian, Farsi, French, Russian, Serbian
- ★ Programs/services: Cultural orientation, ESL referrals, translation, employment services, provides direct financial assistance, immigration assistance
- ★ Health Education classes: Nutrition, pre- and post-adoption, sibling rivalry, parenting, child passenger safety, domestic violence legal forum, immigration services forum, emergency preparedness, first aid/CPR
- ★ Support groups: Families and parents

3727 West 6th Street, 6th Floor  
Los Angeles, CA 90020  
Tel: (213) 386-6700  
www.theirc.org

**Jade Family Services**

- ★ Non-English Language: Spanish
- ★ Programs/services: Youth diversion and delinquency prevention program, gang prevention, family and group counseling, tutorial assistance
- ★ Health Education classes: Parenting

Juvenile Asst. Diversion Effort  
3071 Firestone Blvd.  
South Gate, CA 90280  
Tel: (323) 564-4233

**Jenesse Center**

- ★ Non-English Language: Spanish
- ★ Programs/services: Shelter, counseling, 24-hour hotline

P.O. Box 8476  
Los Angeles, CA 90008  
Tel: (800) 479-7328  
[www.jenesse.org](http://www.jenesse.org)

**Jewish Big Brothers and Big Sisters of Los Angeles**

- ★ Non-English Languages: Hebrew and Spanish
- ★ Programs/services: Mentor program for single-parent children (ages 6 to 16 years old), parent and child counseling
- ★ Health Education classes: (Call agency for more information)

Administrative Office:  
6505 Wilshire Blvd., Suite 600  
Los Angeles, CA 90048  
Tel: (323) 761-8675  
[www.jbbbsla.org](http://www.jbbbsla.org)

**Jewish Family Service of Los Angeles**

- ★ Non-English Language: Farsi, Russian and Spanish
- ★ Programs/services: Supportive services, counseling, 24-hour crisis assistance
- ★ Health Education classes: (Call agency for more information)

6505 Wilshire Blvd., Suite 500  
Los Angeles, CA 90048  
Tel: (323) 761-8800  
[www.jfsla.org](http://www.jfsla.org)

**Jubilee Consortium**

- ★ Non-English Language: Spanish
- ★ Programs/services: Food bank and walking club
- ★ Health Education classes: Aerobics, nutrition, cooking, relaxation, yoga, salsa

St. Philip's Episcopal Church  
2800 Stanford Avenue  
Los Angeles, CA 90011

St. Stephen's Episcopal Church  
6125 Carlos Avenue  
Los Angeles, CA 90028

Tel: (323) 469-3993  
Fax: (323) 469-8348  
[www.jubileeconsortium.org](http://www.jubileeconsortium.org)

**Julia Ann Singer Center**

- ★ Non-English Languages: Spanish
- ★ Programs/Services: Family rehabilitation and counseling
- ★ Health Education classes: (Call agency for more information)

Vista Del Mar Child and Family Services  
3200 Motor Avenue  
Los Angeles, CA 90024  
Tel: (310) 202-0669  
[www.vistadelmar.org](http://www.vistadelmar.org)

**Junior Blind of America**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Education, recreation, training, rehabilitation, in-home services for children from birth to 3 years, summer and year-round residential camp
- ★ Health Education classes: (Call agency for more information)

5300 Angeles Vista Blvd.  
Los Angeles, CA 90043  
Tel: (323) 295-4555  
[www.juniorblind.org](http://www.juniorblind.org)

**Juvenile Diabetes Foundation of Los Angeles**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Diabetes education/information and online support
- ★ Health Education classes: (Call agency for more information)

1111 South Arroyo Parkway, Ste 400  
Pasadena, CA 91105  
Tel: (626) 403-1480  
[www.jdr.org](http://www.jdr.org)

**JWCH Institute, Inc**

- ★ Non-English Language: Spanish
- ★ Programs/services: One-to-one education: Cholesterol, hypertension, diabetes, smoking cessation
- ★ Healthy Education classes: (Call agency for more information)

JWCH Institute, Inc.  
Medical Clinic at Weingart  
515 East 6th Street  
Los Angeles, CA 90013

Bell Gardens Community Health Center  
6912 Ajax Avenue  
Bell Gardens, CA 90201

JWCH Women's Health Center  
3624 Martin Luther King, Jr. Blvd.  
Lynwood, CA 90262

JWCH Medical Clinic (PATH)  
340 North Madison Avenue  
Los Angeles, CA 90004

Tel: (323) 562-5813  
Fax: (323) 326-1146  
[www.jwchinstitute.org](http://www.jwchinstitute.org)

**Korean American Family Service Center**

- ★ Non-English Language: Korean
- ★ Programs/services: Counseling, application assistance for Healthy Families program
- ★ Health Education classes: (Call agency for more information)

3727 West Sixth Street, Ste 320  
Los Angeles, CA 90020  
Tel: (213) 389-6755  
[www.kafscla.org](http://www.kafscla.org)

#### Koreatown Youth and Community Center (KYCC)

- ★ Non-English Languages: Korean and Spanish
- ★ Programs and Services: Children's center, after-school center, high school exit exam preparation, technology learning center, tutorial/mentoring programs, youth skills/leadership program, drug abuse prevention program, counseling (individual, family and group counseling), business outreach/education, graffiti removal, tree planting, low-flush toilet installation
- ★ Health Education classes: (call for more information)

680 South Wilton Place  
Los Angeles, CA 90005  
Tel: (213) 365-7400  
[www.kyccla.org](http://www.kyccla.org)

#### L.A. Family AIDS Network

- ★ Programs/services: Support/education for those living with and affected by HIV/AIDS
- ★ Health Education classes: (Call agency for more information)

1680 North Vine Street, Suite 1101  
Los Angeles, CA 90028  
Tel: (323) 461-6066

#### L.A. Gay and Lesbian Center

- ★ Non-English Languages: Spanish
- ★ Programs and Services: Sexually transmitted disease screening, HIV/AIDS screening, drug and alcohol prevention program
- ★ Health Education classes: HIV/AIDS, sexually transmitted diseases, smoking cessation

1625 North Schrader Blvd.  
Los Angeles, CA 90028  
Tel: (323) 993-7500  
[www.lagaycenter.org](http://www.lagaycenter.org)

#### L.A. Kids Youth Enrichment Program

- ★ Non-English Languages: Spanish
- ★ Programs and Services: After-school recreation classes, year-round sports academy program

Tel: (213) 485-4841  
[www.laparks.org](http://www.laparks.org)

#### L.A. Mission Community Clinic

- ★ Non-English Language: Spanish
- ★ Health Education classes: Hepatitis C and HIV

311 Winston Street  
Los Angeles, CA 90013  
Tel: (213) 893-1960  
Fax: (213) 893-1967

#### L.A. Shanti

- ★ Programs/services: Support, education
- ★ Health Education classes: (Call agency for more information)

1616 North La Brea Avenue  
Los Angeles, CA 90028  
Tel: (323) 962-8197  
[www.lashanti.org](http://www.lashanti.org)

#### Lakewood Regional Medical Center

- ★ Programs/services: Cardiology, orthopedic, senior health seminars
- ★ Health Education classes: Nutrition, weight loss, heart health, lung health, CPR
- ★ Support Groups: Heart health, bereavement

3700 East South Street  
Lakewood, CA 90712  
Tel: (800) 813-4345  
Fax: (562) 602-0083  
[www.lakewoodregional.com](http://www.lakewoodregional.com)

#### Latino Resource Organization

- ★ Non-English Languages: Spanish
- ★ Programs/services: Food distribution programs, tutoring programs for youth, resource/referral information, immigration services, case management, senior services
- ★ Health Education classes: Parent education classes

610 California Avenue  
Venice, CA 90291  
Tel: (310) 578-6069

#### Little Company of Mary Health Services

- ★ Programs/services: Blood pressure screening
- ★ Health Education classes: Prenatal care, breastfeeding, nutrition, exercise, diabetes, cancer, lung health, injury prevention
- ★ Support groups: Heart health, lung health, diabetes, cancer, stroke, mental health, bereavement

4101 Torrance Blvd.  
Torrance, CA 90503  
Tel: (310) 540-7676  
[www.lcmhs.org](http://www.lcmhs.org)

#### Little Tokyo Service Center, Inc (LTSC)

- ★ Non-English Language: Japanese
- ★ Programs/services: Social services, translations, domestic violence programs
- ★ Health Education classes: (Call for agency for more information)

231 East 3rd Street, Room G104  
Los Angeles, CA 90013  
Tel: (213) 473-3035  
[www.ltsc.org](http://www.ltsc.org)

#### Long Beach Department of Health and Human Services

- ★ Non-English Language: Spanish
- ★ Health Education classes: Sexually transmitted diseases, HIV/AIDS, family planning

2525 Grand Avenue  
Long Beach, CA 90815  
Tel: (562) 570-4000  
Fax: (562) 570-4049  
[www.longbeach.gov](http://www.longbeach.gov)

#### Long Beach Memorial Medical Center and Miller Children's Hospital

- ★ Programs/services: Blood pressure screening
- ★ Health Education classes: Prenatal

care, breastfeeding, caregiver training, exercise, diabetes, asthma, self-management of chronic disease

- ★ Support groups: Heart health, diabetes, HIV/AIDS, parenting, weight loss, stroke, cancer caregivers, mental health

2801 Atlantic Avenue  
Long Beach, CA 92808  
Tel: (562) 933-2000  
[www.memorialcare.org](http://www.memorialcare.org)

### Long Beach Parks, Recreation and Marine

- ★ Health Education classes: Health and fitness – aerobics, cardio kickboxing, yoga, Pilates

Administration Office  
2760 Studebaker Road  
Long Beach, CA 90815  
Tel: (562) 570-3233  
Fax: (562) 570-3109

Class Schedule and Registration:  
Tel: (562) 570-3111  
[www.longbeach.gov/park](http://www.longbeach.gov/park)

### Los Alamitos Medical Center

- ★ Support Groups: Diabetes, cancer, bereavement

Cancer Foundation  
3751 Katella Avenue  
Los Alamitos, CA 90712  
Tel: (562) 594-9977  
[www.losalamitosmedctr.com](http://www.losalamitosmedctr.com)

### Los Angeles Commission on Assaults Against Women

- ★ Non-English Language: Spanish
- ★ Program/service: Self-defense training, intervention services – sexual assault and domestic violence
- ★ Health Education classes: (Call agency for more information)

605 West Olympic Blvd., Suite 400  
Los Angeles, CA 90015  
Tel: (213) 955-9090  
[www.lacaaw.org](http://www.lacaaw.org)

### Los Angeles County Department of Children and Family Services (DCFS)

- ★ Programs/services: Child abuse, child protection services, safely surrendered baby law, adoption, foster care, emancipation, online mandated reports, inter-agency council on Child Abuse and Neglect, policy

425 Shatto Place  
Los Angeles, CA 90020  
Tel: (213) 351-5507  
Public InfoLine: (213) 351-5602  
Children's Protection Hotline  
Tel: (800) 540-4000  
TDD: (800) 272-6699  
[www.lacdcfs.org](http://www.lacdcfs.org)

### Los Angeles County Public Health Nutrition Program

- ★ Non-English Languages: Spanish
- ★ Programs/services: "Ask the Dietitian" at the Farmer's Markets Program, obesity, physical activity, nutrition (healthy eating, reading food labels, cookbooks/recipes, facts)

3530 Wilshire Blvd., Ste 800  
Los Angeles, CA 90010  
Tel: (213) 351-7889  
Fax: (213) 351-2793  
<http://lapublichealth.org/nutrition>

### Los Angeles County Injury Violence Prevention Program

- ★ Non-English Languages: Spanish
- ★ Program/services: Hotlines – Assault against women, child abuse, rape, reporting illegal firearms, arson, suicide prevention
- ★ Health Education classes: Child abuse prevention, domestic violence prevention

3530 Wilshire Blvd., Suite 800  
Los Angeles, CA 90010  
Tel: (213) 351-7888  
Fax: (213) 351-2713  
Poison Hotline: (800) 222-1222  
Arson Hotline: (800) 633-2836  
Los Angeles Commission on Assaults

Against Women: (213) 626-3393

Child Abuse Hotline: (800) 540-4000

California Youth Crisis Line:  
(800) 843-5200

Los Angeles Suicide Prevention  
Hotline: (310) 391-1253

Rape Hotline: (800) 585-6231

Reporting Illegal Firearms Activity  
(800) ATF-GUNS / (800) 283-4867  
<http://phps.dhs.co.la.ca.us/ivpp/index.htm>

### Los Angeles County Public Health Department Sexually Transmitted Disease Program

- ★ Non-English Language: Spanish
- ★ Programs/services: Information and referrals (STD/HIV hotline 800-758-0880 and county STD clinics)

2615 South Grand Ave, Rm 500  
Los Angeles, CA 90007  
Tel: (213) 744-4575  
Fax: (213) 749-96-6  
[www.lapublichealth.org/std](http://www.lapublichealth.org/std)

### Los Angeles County Tobacco Control and Prevention Program

- ★ Non-English Language: Spanish
- ★ Programs/services: Information

3530 Wilshire Blvd, 8th Floor  
Los Angeles, CA 90010  
Tel: (213) 351-7890  
Fax: (213) 351-2710  
[www.lapublichealth.org/TOB](http://www.lapublichealth.org/TOB)

### Los Angeles Free Clinic, The

- ★ Non-English Languages: Russian, Spanish, Tagalog
- ★ Programs/services: Teen web site: [www.lateenhealth.org](http://www.lateenhealth.org)
- ★ Health Education classes: (Call agency for more information)

Beverly Health Center  
8405 Beverly Blvd.  
Los Angeles, CA 90048

Hollywood Wilshire Health Center  
5205 Melrose Avenue  
Los Angeles, CA 90038

**Hollywood Health Center**  
6043 Hollywood Blvd.  
Los Angeles, CA 90028  
Tel: (323) 330-1625  
www.lafreeclinic.org

#### Los Angeles Metropolitan Medical Center

- ★ Programs/services: Community classes (family planning, parenting, child abuse, domestic violence, arthritis), maternity, mental health services, weight loss

- ★ Health Education classes: (Call for more information)

2231 South Western Avenue  
Los Angeles, CA 90018  
Tel: (323) 730-7300  
Fax: (323) 735-6091  
www.lammc.com

#### Los Angeles Mission Community Clinic

- ★ Non-English Language: Spanish
- ★ Health Education classes: Hepatitis C
- ★ Support groups: Hepatitis C, HIV

311 Winston Street  
Los Angeles, CA 90013  
Tel: (213) 893-1960  
Fax: (213) 893-1967  
http://losangelesmission.org/LAMCC/lamcc.htm

#### March of Dimes

- ★ Programs/services: Educational materials, brochures/information sheets available on prevention, low-cost videos and handouts available
- ★ Health Education classes: Perinatal, eating for two seminars, perinatal

3699 Wilshire Blvd., Suite 520  
Los Angeles, CA 90010  
Tel: (213) 637-5050  
www.marchofdimes.com

#### Maternal and Child Health Access

- ★ Non-English Language: Spanish
- ★ Programs/services: Health insurance application assistance, healthcare navigation trainings for social service

agencies, perinatal outreach and educational program,

- ★ Health Education classes: Prenatal, nutrition, infant/child safety, parenting, health access, mental health
- ★ Support group: Breastfeeding

1111 West Sixth Street, Suite 400  
Los Angeles, CA 90017  
Tel: (213) 749-4261  
Fax: (213) 745-1040  
E-mail: info@mchaccess.org  
www.mchaccess.org

#### Memorial Hospital of Gardena

- ★ Non-English Language: Spanish
- ★ Health Education classes: Diabetes and prenatal Care

1145 West Redondo Beach Blvd.  
Gardena, CA 90247  
Tel: (310) 532-4200  
Fax: (310) 512-6163

#### Methodist Hospital

- ★ Non-English Language: Spanish
- ★ Health Education classes: Prenatal care, breastfeeding, diabetes, CPR
- ★ Support Group: Grief

300 West Huntington Drive  
Arcadia, CA 91066  
Tel: (626) 574-3414  
Fax: (626) 574-3712  
www.methodisthospital.org

#### Monrovia Health Center

- ★ Non-English Language: Spanish
- ★ Programs/services: Tuberculosis testing, immunizations, sexually transmitted disease screening Health Education classes: (Call agency for more information)

330 West Maple Avenue  
Monrovia, CA 91016  
Tel: (626) 256-1600

#### Montebello Unified School District/ Bell Gardens High School

- ★ Non-English Language: Spanish
- ★ Programs/services: Cal SAFE Pregnancy Minor Program

6119 Agra Street  
Bell Gardens, CA 90201  
Tel: (323) 887-7946

#### Mothernet L.A.

- ★ Non-English Languages: Spanish
- ★ Programs/services: Assistance with Medi-Cal and Healthy Kids applications, home visiting services for pregnant women and their families, perinatal education/case management, parent education, school readiness preparation, teen repeat pregnancy prevention and adolescent sexual health, mentoring program, obesity care management

409 East Homer Street  
Compton, CA 90221  
Tel: (310) 764-0955  
www.inmed.org

#### Multiservice Family Center, Inc.

- ★ Programs/services: Mental health counseling, participating in community health fair and workshops
- ★ Health education classes: Nutrition, HIV/AIDS, diabetes, heart condition

101 North La Brea Ave., Suite 301  
Inglewood, CA 90301  
Tel: (310) 412-0202

#### My Friend's Place

- ★ Programs and Services: Food, clothing, substance abuse counseling, employment assistance, computer resources, medical aid, legal aid
- ★ Support Group: Alcoholics Anonymous

P.O. Box 3867  
5850 Hollywood Blvd.  
Los Angeles, CA 90028  
Tel: (323) 908-0011 or (888) 968-8450  
www.myfriendsplace.org

#### National Council of Jewish Women

- ★ Non-English Languages: American Sign Language (ASL), Hebrew, Russian and Spanish
- ★ Programs/services: Teen mother

literacy program, after school tutoring, annual free clothing give-away, thrift shops, individual and family counseling, Life Skills Workshops (career building and managing your money), advocacy

- ★ Health Education classes: Healthy parenting and nutrition

543 North Fairfax Avenue  
Los Angeles, CA 90036  
Tel: (323) 651-2930  
www.ncjwla.org

#### National Domestic Violence Hotline

- ★ Non-English Language: American Sign Language (ASL), Hebrew, Russian and Spanish
  - ★ Programs/services: Emergency shelter and comprehensive support
- P.O. Box 260  
Canoga Park, CA 91305  
Tel: (818) 887-7481 /  
24-hour Tel: (818) 887-6589  
www.havenhills.org

#### Northeast Valley Health Corporation

- ★ Non-English Languages: Spanish
- ★ Programs and Services: Alcohol/drug abuse recovery program, WIC (Women, Infants, and Children) program
- ★ Health Education Classes: Diabetes – gestational, nutrition, management

Corporate Office:  
1172 North Maclay Avenue  
San Fernando, CA 91340

Health Education Department  
Tel: (818) 897-3412  
Fax: (818) 365-4031  
www.nevhc.org

Alcohol and Drug Abuse Recovery Program  
1161 North Maclay Avenue  
San Fernando, CA 91340  
Tel: (818) 361-1211 or (818) 898-1388  
Fax: (818) 361-0824

#### Office of AIDS Programs and Policy

- ★ Programs/services: HIV/AIDS education services
- ★ Health Education classes: (Call agency for more information)

600 South Commonwealth Avenue  
Los Angeles, CA 90005  
Tel: (213) 351-8000  
www.lapublichealth.org/aids

#### Olive View-UCLA Medical Center

- ★ Non-English Language: Spanish
- ★ Programs/services: Prenatal services, arthritis empowerment program
- ★ Health Education classes: (Call agency for more information)

14445 Olive View Drive  
Sylmar, CA 91342  
Tel: (818) 834-1499  
Fax: (818) 886-3313

#### One Generation Senior Enrichment Center

- ★ Programs/services: Adult day care, daily hot lunch centers, farmer's market, grocery shopping, homebound meals program, case management
- ★ Health Education classes: Alzheimer's/dementia, stress management
- ★ Support groups: Diabetes, women and men, caregiver

18255 Victory Blvd.  
Reseda, CA 91335  
Tel: (818) 705-2345  
www.onegeneration.org

#### Our Saviour Center/Cleaver Family Wellness Clinic

- ★ Non-English Languages: Spanish
- ★ Programs/services: Food pantry, job program, parenting program, emergency shelter – mothers and children, youth center (K-12) – after school program
- ★ Health Education classes: Family planning, sexually transmitted diseases, infant care, nutrition, diabetes, parenting

4368 Santa Anita Avenue  
El Monte, CA 91731  
Tel: (626) 579-2190  
Fax: (626) 579-2689  
www.oursaviourcenter.org

#### Overeaters Anonymous

- ★ Programs/services: Free self-help (12 step recovery program for compulsive overeaters)
- ★ Health Education classes: (Call agency for more information)

6404 Wilshire Blvd., Suite 710  
Los Angeles, CA 90048  
Tel: (323) 653-7652

Pasadena-Foothill Intergroup  
P.O. Box 1108  
Pasadena, CA 91102  
Tel: (626) 568-7511

San Gabriel Valley Intergroup  
1157 East Arrow Highway, Suite 4  
Glendora, CA 91740  
Tel: (626) 335-3355

San Fernando Valley Intergroup  
7133-B Darby Avenue  
Reseda, CA 91335  
Tel: (818) 342-2222

South Bay Intergroup  
P.O. Box 918  
Harbor City, CA 90710  
Tel: (562) 493-9030  
www.overeatersanonymous.org

#### Pacific Alliance Medical Center

- ★ Non-English Language: Chinese, Spanish
- ★ Health Education classes: Senior health and CPR

531 West College Street  
Los Angeles, CA 90012  
Tel: (213) 437-4259  
Fax: (213) 617-8198  
www.pamc.net

### **Pacific Asian Alcohol and Drug Program**

- ★ Programs and Services: Alcohol/drug prevention and treatment services
- ★ Health Education classes: (Call agency for more information)

2001 West Beverly Blvd., Suite 201  
Los Angeles, CA 90057  
Tel: (213) 413-1622  
[www.paadp.org](http://www.paadp.org)

### **Pacific Hospital of Long Beach**

- ★ Health Education classes: Prenatal, CPR
- 2776 Pacific Avenue  
Long Beach, CA 90806  
Tel: (562) 997-2500  
Fax: (562) 997-2286  
[www.phlb.org](http://www.phlb.org)

### **Para Los Niños Family Resource Center**

- ★ Non-English Language: Spanish
  - ★ Programs/services: After-school programs, child care, family support center offering educational enrichment programs, counseling, case management to low-income families
- 500 Lucas Avenue  
Los Angeles, CA 90017  
Tel: (213) 250-4800  
[www.paralosninos.org](http://www.paralosninos.org)

### **Partners in Care Foundation**

- ★ Programs/services: Respite care for caregivers
  - ★ Support group: Caregiver
- Santa Clarita Adult Day Healthcare  
22903 Soledad Canyon Road  
Santa Clarita, CA 91350  
Tel: (661) 253-0700  
Fax: (661) 253-0706  
[www.pcif.org](http://www.pcif.org)

### **Pasadena Public Health Department WIC Program**

- ★ Non-English Languages: Spanish
- ★ Programs & Services: Supplemental nutrition program for (pregnant

woman, infants and children)

- ★ Health Education classes: Nutrition, breastfeeding, exercise

363 East Villa Street  
Pasadena, CA 91101  
Tel: (626) 744-6520  
Fax: (626) 578-9185  
[www.ci.pasadena.ca.us](http://www.ci.pasadena.ca.us)

### **People Who Care Youth Center**

- ★ Programs/services: Youth and family counseling, therapeutic recreation, youth advocacy
- ★ Health Education classes: (Call agency for more information)

1500 West Slauson Avenue  
Los Angeles, CA 90047  
Tel: (323) 778-8905  
[www.pwcyc.com](http://www.pwcyc.com)

### **Planet Hope**

- ★ Program/services: Food and shelter services, field trips and family outlines for homeless and abused children, referrals
- 4335 Van Nuys Blvd., Suite 413  
Sherman Oaks, CA 91403  
Tel: (818) 461-9120 or  
(800) 314-HOPE  
[www.planethope.org](http://www.planethope.org)

### **Planned Parenthood Los Angeles**

- ★ Non-English Language: Spanish
  - ★ Pregnancy prevention, abstinence-based comprehensive sex education, reproductive health, sexually transmitted infections (STI) prevention, parent education
- 1316 Third Street Promenade, #B-5  
Santa Monica, CA 90401  
Tel: (310) 395-0098  
Fax: (310) 393-9529  
[www.pplosangeles.org](http://www.pplosangeles.org)

### **Plaza Community Center: Esperanza Project**

- ★ Non-English Languages: Spanish
- ★ Health Education classes: Substance

abuse, HIV/AIDS, parenting, domestic violence, mental health

4127 East Cesar Chavez Avenue  
Los Angeles, CA 90063  
Tel: (323) 269-9825  
Fax: (323) 269-6248  
[www.plazacc.org](http://www.plazacc.org)

### **Pomona Health Center**

- ★ Non-English Language: Spanish
- ★ Programs/services: Tuberculosis testing, immunizations, sexually transmitted disease screening
- ★ Health Education classes: (Call agency for more information)

750 South Park Avenue  
Pomona, CA 91766  
Tel: (909) 868-0235

### **Pomona Valley Hospital Medical Center**

- ★ Health Education classes: Stretch and yoga, pain management
  - ★ Support groups: Diabetes, chronic lung disease, bereavement
- 1798 North Garey Avenue  
Pomona, CA 91767  
Tel: (909) 865-9599  
Fax: (909) 865-9753  
[www.pvhmc.com](http://www.pvhmc.com)

### **Presbyterian Intercommunity Hospital**

- ★ Programs/services: Cancer screenings, cholesterol screenings
  - ★ Health Education classes: Weight management, smoking cessation, injury prevention, asthma, senior health, caregiving, Alzheimer's
  - ★ Support groups: Down syndrome, Fibromyalgia, Lupus, Lyme Disease, Parkinson's disease, survivors of suicide
- 12401 Washington Blvd.  
Whittier, CA 90602  
Tel: (562) 698-0811  
[www.pih.net](http://www.pih.net)

**Project Peacemakers, Inc.**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Counseling
- ★ Health Education classes: Anger management, domestic violence, parenting

P.O. Box 82361  
1826 West 54th Street  
Los Angeles, CA 90062  
Tel: (323) 291-2525

**Prototypes**

- ★ Programs and Services: Substance abuse treatment (adults and children), HIV/AIDS, housing program, domestic violence program, mental health program
  - ★ Health Education Classes: (call for more information)
- 5601 West Slauson Avenue, Ste 200  
Culver City, CA 90230  
Tel: (310) 641-7795  
[www.prototypes.org](http://www.prototypes.org)

**Providence Holy Cross Medical Center**

- ★ Programs/services: Chronic disease self-management program, senior health program
  - ★ Support Groups: Cancer, stroke, grief
- 15031 Rinaldi Street  
Mission Hills, CA 91346  
Tel: (818) 365-8051  
[www.provide.org/losangeles](http://www.provide.org/losangeles)

**Providence Saint Joseph Medical Center**

- ★ Programs/services: Comprehensive medical center, chronic disease self-management program, senior health program
  - ★ Health Education class: Exercise, weight management, diabetes
  - ★ Support groups: Cancer, diabetes, stroke, caregivers, grief
- 501 South Buena Vista Street  
Burbank, CA 91505  
Tel: (818) 847-4120  
Fax: (818) 847-4609  
[www.providence.org/losangeles](http://www.providence.org/losangeles)

**Public Health Foundation Enterprises, Inc. WIC Program**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Supplemental food program, nutrition education services

12781 Schabarum Avenue  
Irwindale, CA 91706  
Tel: (626) 856-6650  
[www.phfewic.org](http://www.phfewic.org)

**Rainbow Services, Ltd.**

- ★ Non-English Language: Spanish
  - ★ Programs/services: Comprehensive support for survivors of domestic violence, 24-hour hotline
- 453 West Seventh Street  
San Pedro, CA 90731  
Tel: (310) 548-5450 or 24-hour Spanish/English Hotline  
Tel: (310) 547-9343  
[www.rainbowservices.org](http://www.rainbowservices.org)

**Rancho Los Amigos National Rehabilitation Center**

- ★ Non-English Languages: Interpreter services available
  - ★ Programs/services: Life coaching (small fee required), Community Education Forums – spinal injury games and stroke carnival
  - ★ Health Education classes: Stroke, brain injury, spinal injury
  - ★ Support Groups: Stroke, brain injury, spinal injury
- 7601 Imperial Highway  
Downey, CA 90242  
Tel: (562) 401-7111  
Toll Free Tel: 1-888-RANCHO1  
TTY/TTD Tel: (562) 401-8450  
Referral Line: (562) 401-6554  
Fax: (562) 803-5876  
[www.rancho.org](http://www.rancho.org)

**Richstone Family Center**

- ★ Non-English Languages: Spanish
- ★ Programs/services: After-school programs, support services for (children, adults and families), transitional housing for women ages 19 to 21, counseling

Center for Positive Parenting  
13634 Cordary Avenue  
Hawthorne, CA 90250  
Tel: (310) 970-1921  
[www.richstonefamily.org](http://www.richstonefamily.org)

**Rio Hondo Temporary Home**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Comprehensive program, food, shelter, health services, counseling, case management

12300 Fourth Street, Building 213  
Norwalk, CA 90603  
Tel: (562) 863-8805

**Salvation Army**

- ★ Non-English Languages: Spanish
- ★ Programs/services: 350-bed comprehensive shelter, drug/alcohol rehabilitation
- ★ Health Education classes: (Call agency for more information)

Bell Shelter  
5600 Rickenbacker Road,  
Buildings 2A and 2B  
Bell, CA 90201  
Tel: (323) 263-1206

**Salvation Army**

- ★ Programs/services: Transitional shelter, emergency food, clothing

Glendale Corps  
801 South Central Avenue  
Glendale, CA 91204  
Tel: (818) 246-5586

**Salvation Army**

- ★ Non-English Languages: Spanish, Tagalog
- ★ Programs/services: Emergency food, referrals (shelters and alcohol/drug rehabilitation)

20830 South Vermont Avenue  
Torrance, CA 90502  
Tel: (310) 782-8841  
[www.salarmy.org](http://www.salarmy.org)

### **San Dimas Community Hospital**

- ★ Health Education classes: Prenatal care, breastfeeding, diabetes

1350 West Covina Blvd.

San Dimas, CA 91773

Tel: (800) 273-9899

[www.sanddimashospital.com](http://www.sanddimashospital.com)

### **San Pedro Community Legal Services**

- ★ Non-English Language: Spanish
- ★ Programs/services: Legal assistance to survivors of domestic violence, assistance with (immigration, civil, non-criminal issues, family law, restraining orders).

P.O. Box 311

San Pedro, CA 90733

Tel: (310) 521-1180

Referrals extension: 301

[www.spcls.org](http://www.spcls.org)

### **Santa Anita Family Services**

- ★ Programs/services: Counseling for (people with HIV/AIDS, their families and loved ones), service referrals
- ★ Health Education Classes: AIDS

716 North Citrus Avenue

Covina, CA 91723

Tel: (626) 966-1755

### **Santa Clarita Adult Day Health Care**

- ★ Support Group: Caregiver

22903 Soledad Canyon Road

Santa Clarita, CA 91350

Tel: (661) 253-0700

Fax: (661) 253-0706

[www.picf.org](http://www.picf.org)

### **Skid Row Housing Trust**

- ★ Non-English Languages: Spanish
- ★ Programs/Services: Low-income permanent affordable housing in Skid Row-owned hotels

1317 East Seventh Street

Los Angeles, CA 90021

Tel: (213) 683-0522

[www.skidrowhousingtrust.com](http://www.skidrowhousingtrust.com)

### **Skid Row Housing Trust/Tenant Services**

- ★ Non-English Languages: Spanish
- ★ Programs/Services: Low-income permanent affordable housing in Skid Row-owned hotels
- ★ No health education classes.

108 East Fifth Street

Los Angeles, CA 90013

Tel: (213) 623-9730

[www.skidrow.org](http://www.skidrow.org)

### **Sojourn Services for Battered Women**

- ★ Non-English Language: Spanish
- ★ Programs/services: Four to six week crisis shelter, 24-hour hotline

P.O. Box 708

Santa Monica, CA 90406

24 hour hotline Tel: (310) 264-6644

### **South Asian Network**

- ★ Non-English Language: Bengala, Hindi, Marathi, Nepali, Punjabi, Spanish, Urdu, Interpretation for: (Gujrati, Sinhalese, Tamil and other South Asian languages)
- ★ Programs/services: Multilingual/culturally appropriate direct service program, community education and advocacy in the areas of – immigration, discrimination, hate crime, domestic violence, public health.

18173 S. Pioneer Blvd.,

Suite I, 2nd Floor

Artesia, CA 90701

Tel: (562) 403-0488

[www.southasiannetwork.org](http://www.southasiannetwork.org)

### **South Central Family Health Center**

- ★ Non-English Language: Spanish
- ★ Support Groups: Prenatal/postpartum, cholesterol, diabetes

4425 South Central Avenue

Los Angeles, CA 90011

Tel: (323) 908-4200 / (323) 908-4233

Fax: (323) 908-4256

[www.scfhc.org](http://www.scfhc.org)

### **South Health Center**

- ★ Non-English Language: Spanish
- ★ Programs/services: Nutrition, recreational programs, interpretation/translation, legal/tax assistance, community referrals, transportation
- ★ Health Education Classes: (Call agency for more information)

1522 East 102nd Street

Los Angeles, CA 90002

Tel: (323) 563-4053

### **Southern California Counseling Center**

- ★ Programs/services: Counseling

5615 West Pico Blvd.

Los Angeles, CA 90019

Tel: (323) 937-1344

[www.sccc-la.org](http://www.sccc-la.org)

### **St. Francis Medical Center**

- ★ Non-English Language: Spanish
- ★ Health Education classes: Prenatal care, parenting

3630 East Imperial Highway

Lynwood, CA 90262

Tel: (310) 900-8900

[www.stfrancismedicalcenter.org](http://www.stfrancismedicalcenter.org)

### **St. Mary Medical Center**

- ★ Program/services: Teen health services
- ★ Health Education classes: Nutrition, diabetes, senior health
- ★ Support Groups: Cancer, bereavement

1050 Linden Avenue

Long Beach, CA 90813

Tel: (562) 491-9100

[www.stmarymedicalcenter.org](http://www.stmarymedicalcenter.org)

### **Star View Community Services**

- ★ Non-English Language: Spanish
- ★ Programs/services: Outpatient mental health
- ★ Health Education classes: Nutrition, diabetes

**Torrance Site**  
370 South Crenshaw Blvd., Ste E100  
Torrance, CA 90503  
Tel: (310) 787-1500

**Los Angeles Site**  
5420 North Figueroa Street  
Los Angeles, CA 90042  
Tel: (323) 999-2404

**Long Beach Site**  
100 East Wardlow Road  
Long Beach, CA 90807  
Tel: (562) 427-6818

**Compton Site**  
1085 West Victoria Street  
Compton, CA 90220-5804  
Tel: (310) 868-5379  
[www.starsgroup.org](http://www.starsgroup.org)

#### **Su Casa Ending Domestic Violence**

- ★ Non-English Language: Spanish
  - ★ Programs/services: Support and shelter
- P.O. Box 998  
Arteria, CA 90702-0998  
Tel: (562) 421-8117  
24-hour hotline Tel: (562) 402-4888  
[www.sucasadv.org](http://www.sucasadv.org)

#### **Substance Abuse Foundation of Long Beach, Inc.**

- ★ Programs and Services: Teen health, HIV/AIDS, substance abuse, domestic violence, mental health counseling
  - ★ Health Education classes: Parenting, child abuse prevention, domestic violence, HIV/AIDS
  - ★ Support group: Substance abuse
- 3125 East Seventh Street  
Long Beach, CA 90804  
Tel: (562) 987-5733  
[www.safinc.org](http://www.safinc.org)

#### **Sweet Success**

- ★ Non-English Language: Cambodian, Chinese, Hmong, Korean, Laotian, Spanish, Vietnamese
- ★ Programs/services: Comprehensive

pregnancy and diabetes outpatient education program, referrals

- ★ Health Education classes: (Call agency for more information)

**California Diabetes/  
Pregnancy Program**  
1124 West Carson Street, Suite L-5  
Torrance, CA 90502  
Tel: (310) 222-3651  
[www.llu.edu/llumc/sweetsuccess/](http://www.llu.edu/llumc/sweetsuccess/)

#### **T.H.E. Clinic, Inc.**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Tuberculosis testing, immunizations, sexually transmitted disease screening

3834 South Western Avenue  
Los Angeles, CA 90062  
Tel: (323) 730-1920  
[www.theclinic.org](http://www.theclinic.org)

#### **Tarzana Treatment Centers, Inc.**

- ★ Non-English Languages: Spanish, interpretation services available
- ★ Health education classes: Education/seminars for (drug/alcohol abuse), diabetes

18646 Oxnard Street  
Tarzana, CA 91356  
Central Call Center:  
Tel: (800) 996-1051

**Antelope Valley  
Family Medical Clinic**  
907 West Lancaster Blvd.  
Lancaster, CA 93534  
Tel: (661) 726-2630

**Tarzana Treatment Centers  
Antelope Valley**  
44447 North 10th Street West  
Lancaster, CA 93534  
Tel: (661) 726-2630

**Tarzana Treatment Centers  
Long Beach**  
2101 Magnolia Avenue  
Long Beach, CA 90806  
Tel: (562) 218-1868

**Tarzana Treatment Centers  
Long Beach**  
5190 Atlantic Avenue  
Long Beach, CA 90805  
Tel: (562) 428-4111

**Tarzana Treatment Centers  
Reseda**  
7101 Baird Avenue  
Reseda, CA 91335  
Tel: (818) 342-5897

**Tarzana Treatment Centers  
Northridge**  
18549 Roscoe Blvd.  
Northridge, CA 91324  
Tel: (818) 654-3950  
[www.tarzanatc.org](http://www.tarzanatc.org)

#### **Teen Impact**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Support
- ★ Health Education classes: (Call agency for more information)

**Children's Hospital Los Angeles**  
4650 Sunset Blvd.  
Mail Stop #99  
Los Angeles, CA 90027  
Tel: (323) 669-4660  
[www.teenimpactprogram.org](http://www.teenimpactprogram.org)

#### **Teen Line**

- ★ Non-English Language: Spanish
- ★ Programs/services: Teen-to-teen hotline

P.O. Box 48750  
Los Angeles, CA 90048  
Hotline Tel: (800) 852-8336 or  
Tel: (310) 855-4673 or TLC-TEEN

#### **Teen Parent Program – ABC USD**

- ★ Programs/services: High school program for pregnant and parenting (female/male) teens

**Tracy High School**  
12222 Cuesta Drive  
Cerritos, CA 90703  
Tel: (562) 926-7136  
[www.abcusd.k12/ca/is](http://www.abcusd.k12/ca/is)

### Teen Parent Program—Bellflower

- ★ Programs/services: High school education for pregnant girls

Somerset High School  
9242 East Laurel Street  
Bellflower, CA 90706  
Tel: (562) 804-6548  
[www.busd.k12.ca.us](http://www.busd.k12.ca.us)

### Teen Parents—Long Beach

- ★ Programs/services: Education for pregnant teens

Renaissance High School  
235 East 8th Street  
Long Beach, CA 90813  
Tel: (562) 997-8000  
[www.lbusd.k12.ca.us](http://www.lbusd.k12.ca.us)

### Torrance Health Center

- ★ Non-English Language: Spanish
- ★ Programs/services: Tuberculosis testing, immunizations, sexually transmitted disease screening

711 Del Amo Blvd.  
Torrance, CA 90502  
Tel: (310) 354-2300

### Torrance Memorial Medical Center

- ★ Non-English Languages: Spanish
- ★ Programs/Services: Cancer resource center, senior health services
- ★ Health Education classes: Prenatal care, breastfeeding, exercise, CPR/First aid
- ★ Support Groups: Alcoholics Anonymous, HIV/AIDS, diabetes, Parkinson's disease, caregivers, bereavement

3330 Lomita Blvd.  
Torrance, CA 90505  
Tel: (310) 517-4605  
Email: [webmaster@TorranceMemorial.org](mailto:webmaster@TorranceMemorial.org)  
[www.torrancememorial.org](http://www.torrancememorial.org)

### U.S. Veteran Initiative – Long Beach

- ★ Programs and Services: Five hundred-fifty beds of transitional housing, two hundred beds of permanent housing, substance abuse programs, full-service

employment center, job programs, substance abuse programs

- ★ Health Education classes: (Call agency for more information)

Villages at Cabrillo  
2001 River Avenue  
Long Beach, CA 90810  
Tel: (562) 388-8016  
[www.usvetsinc.org](http://www.usvetsinc.org)

### United American Indian Involvement

- ★ Programs/services: Therapy and support

1125 West Sixth Street, Suite 103  
Los Angeles, CA 90017  
Tel: (213) 241-0979  
[www.uaii.org](http://www.uaii.org)

### United Cambodian Community

- ★ Non-English Language: Armenian, Cambodian (Khmer), Farsi, French, Hmong, Laotian, Spanish, Tagalog, Thai, Vietnamese
- ★ Programs/services: Social services, humanitarian assistance

Headquarters  
2201 East Anaheim Street, Suite 202  
Long Beach, CA 90804  
Tel: (562) 433-2490

### University of California Cooperative Extension

- ★ Non-English Language: Spanish
- ★ Programs/services: The Network for a Healthy California (Latino 5 a Day Campaign), trainings, Resource materials promoting (consumption of fruits and vegetables, promotion of physical activity)

4800 East Cesar Chavez Avenue  
Los Angeles, CA 90022  
Tel: (323) 260-3829  
Fax: (323) 881-1951  
<http://celosangeles.ucdavis>

### USC University Center for Excellence in Developmental Disabilities (UCEDD) at Childrens Hospital Los Angeles

- ★ Non-English Languages: Spanish
- ★ Programs/services: The Network for a Healthy California (Latino 5 a Day Campaign), trainings, Resource materials promoting (consumption of fruits and vegetables, promotion of physical activity)

4650 Sunset Blvd., MS # 53  
Los Angeles, CA 90027  
Tel: (213) 361-3831  
Fax: (323) 361-3835  
[www.uscucedd.org](http://www.uscucedd.org)

### Valley Child Guidance Clinic

- ★ Non-English Language: Limited Spanish
- ★ Programs/services: Mental health (prevention, early intervention, treatment services)
- ★ Health Education classes: (Call agency for more information)

Palmdale Office  
310 East Palmdale Blvd.  
Palmdale, CA 93550  
Tel: (661) 265-8627  
[www.childguidance.org](http://www.childguidance.org)

### Valley Family Center

- ★ Non-English Language: Spanish
- ★ Programs/services: Counseling – couples, families, children, individuals

302 South Brand Blvd.  
San Fernando, CA 91340  
Tel: (818) 365-8588

### Valley Presbyterian Hospital

- ★ Non-English Language: Spanish
- ★ Health Education: Prenatal, breastfeeding, mental health, senior health, CPR/First Aid

15107 Vanowen Street  
Van Nuys, CA 91409  
Tel: (818) 782-6600  
Fax: (818) 902-5247  
[www.valleypres.org](http://www.valleypres.org)

**Villa Park Community Center**

- ★ Non-English Language: Spanish
- ★ Programs/services: Exercise/fitness – aerobics
- ★ Health Education classes: (Call agency for more information)

363 East Villa Street  
Pasadena, CA 91101  
Tel: (626) 744-6530

**Watts Healthcare Corporation**

- ★ Non-English Language: Spanish
- ★ Health Education classes: Exercise, weight control, cholesterol, hypertension, smoking cessation, diabetes, parenting
- ★ Support Group: Social support

10300 Compton Avenue  
Tel: (323) 357-6628  
Fax: (323) 249-5449  
www.wattshealth.org

**Westfield West Covina Mall and  
Citrus Valley Health Partners**

- ★ Programs/services: Walking club – Westfield Pacers

Mall address:  
112 Plaza Drive  
West Covina, CA 91790  
Tel: (626) 960-1881  
www.westfield.com/westcovina/news

**Westside Family Health Center**

- ★ Non-English Language: Spanish
- ★ Programs/services: Peer Education Trainings for adolescents aged 14-19
- ★ Health Education classes: Childbirth preparation, healthier living seminar services for persons with chronic disease and those who support them, diabetes management
- ★ Support groups: HIV risk reduction support groups for gay men

1711 Ocean Park Blvd.  
Santa Monica, CA 90405  
Tel: (310) 450-4773  
Fax: (310) 450-0873  
www.wfhcenter.org

**White Memorial Medical Center**

- ★ Non-English Language: Spanish
- ★ Programs/services: Blood sugar screening, cancer screening
- ★ Health Education classes: Childbirth and family, fitness, diabetes, smoking cessation
- ★ Support Groups: Cancer and diabetes

1720 Cesar E. Chavez Avenue  
Los Angeles, CA 90033  
Tel: (323) 260-5833  
www.whitememorial.com

**Whittier Health Center**

- ★ Non-English Language: Spanish
- ★ Programs/services: Tuberculosis testing, sexually transmitted disease screening, immunizations
- ★ Health Education classes: (Call agency for more information)

7643 South Painter Avenue  
Whittier, CA 90602  
Tel: (562)-464-5350

**Whittier – Rio Hondo AIDS Project**

- ★ Non-English Language: Spanish
- ★ Programs/services: HIV/AIDS testing, referrals, counseling, information, outreach
- ★ Health Education classes: (Call agency for more information)

9200 Colima Road, Suite 104  
Whittier, CA 90605  
Tel: (562) 698-3850  
www.wrhap.org

**Wilmington Community Clinic**

- ★ Non-English Language: Spanish
- ★ Programs/services: Breastfeeding consultations
- ★ Health Education classes: Parenting

1009 North Avalon Blvd.  
Wilmington, CA 90744  
Tel: (310) 549-5760  
Fax: (310) 549-1453

**Women at Risk**

- ★ Non-English Languages: Spanish
- ★ Programs/services: Emotional/educational services, community outreach
- ★ Health Education classes: (Call agency for more information)

5183 Overland Avenue, Suite B  
Culver City, CA 90230  
Tel: (310) 204-1046  
www.womenatrisk.org

**Women's Clinic and Family  
Counseling Center**

- ★ Programs/services: Counseling – adolescents, couples, families, women and men
- ★ Health Education classes: (Call agency for more information)

9911 West Pico Blvd., Suite 500  
Los Angeles, CA 90035

Counseling Department:  
Tel: (310) 203-8899, ext. 103  
Fax: (310) 203-8555  
www.womens-clinic.org

**WRAP Family Services**

- ★ Non-English Languages: Cambodian (Khmer), Spanish
- ★ Programs/services: Shelter, support, counseling, 24-hour domestic violence hotline
- ★ Health Education classes: (Call for agency for more information)

Main Office  
8616 La Tijera Blvd., Suite 200  
Los Angeles, CA 90045  
Tel: (310) 337-1550  
www.pacsla.org

Long Beach  
Satellite Office  
3530 Atlantic Avenue, Suite 202  
Long Beach, CA 90807  
Tel: (562) 424-1886

San Fernando Valley  
Satellite Office  
6851 Lennox Avenue, Suite 400  
Van Nuys, CA 91405  
Tel: (818) 989-9214

### **Xtreme Medical**

- ★ Programs/services: Nutrition, recreational programs, interpretation/translation, legal and tax assistance, community referrals, advocacy, transportation
- ★ Health Education classes: (Call agency for more information)

7700 East Imperial Highway, Ste A  
Downey, CA 90242  
Tel: (562) 803-9444  
Fax: (562) 803-9433  
[www.xtrememedical.com](http://www.xtrememedical.com)

### **YMCA – Greater Long Beach**

- ★ Non-English Language: Spanish
- ★ Programs/services: Family healthy life fitness center, child care, day and resident camp, teen leadership and mentoring
- ★ Health Education classes: (Call agency for more information)

Los Cerritos Family Branch  
15530 Woodruff Avenue  
Bellflower, CA 90706  
Tel: (562) 925-1292

### **Young and Healthy**

- ★ Non-English Language: Spanish
- ★ Programs/services: Mental health
- ★ Health Education classes: Child (health and nutrition), asthma, parenting, injury prevention, oral health

37 North Holliston Avenue  
Pasadena, CA 91106  
Tel: (626) 795-5166  
Fax: (626) 795-8154  
[www.youngandhealthy-pas.org](http://www.youngandhealthy-pas.org)

### **YWCA of Glendale**

- ★ Non-English Languages: Armenian and Spanish
- ★ Programs/services: Comprehensive support and 24-hour hotline

735 East Lexington Drive  
Glendale, CA 91206

24-hour hotline Tel: (818) 242-1106  
[www.glendaleywca.org/dvproject.htm](http://www.glendaleywca.org/dvproject.htm)

### **YWCA WINGS**

- ★ Non-English Language: Mandarin and Spanish
- ★ Programs/services: Comprehensive support and 24-hour hotline

P.O. Box 1464  
West Covina, CA 91793

24-hour hotline Tel: (626) 338-3123  
[www.ywcasgv.org/wings.php](http://www.ywcasgv.org/wings.php)

Community Health Plan acknowledges The Rainbow Resource Guide and L.A. Care's Community Resources Directory as references in the creation of this directory.



**Community Health Plan**  
LOS ANGELES COUNTY

**1-800-475-5550**  
**TDD/TTY: 1-800-353-7988**

Mailing address:

**Community Health Plan**  
**1000 South Fremont Avenue**  
**Building A-9 East, 2nd Floor, Unit 4**  
**Alhambra, CA 91803-8859**

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